

Saturday Sermon

By W. H. LEMMON, St. Peter's Church, Seal Cove

"THE PAUSE THAT REFRESHES"

While listening to your favorite radio station you no doubt have heard the announcer say at various interludes—let us pause for station identification. This allows the listener a short time for rest, to sum up what has gone before or that is to follow.

It would be a very good thing for most of us if we could get a few more interludes into our daily life than we do get. Most of us are suffering today from a good many things, and I am sure you will agree with me, that one of them is the pace at which we are living. Many of us are risking our lives to save a minute. Our days and our nights are not long enough for us to crowd into them the things we wish to do. In fact we steal as many hours as is possible from the night, until such time as our bodies weary from strain and our minds and limbs at last drive us to seek rest, but even then many of us manage to take a book under one arm and the radio under the other.

We have no time to pause—even the silence would get on our nerves, we must have the hustle and bustle of crowds—we cannot stand to be alone; to go to a quiet room and shut the door behind us, shutting out the world and our friends. Privacy is hard to procure, and some of us would feel lonely if we had it; we are so accustomed to having things going on around us. Then too, we seem to be caught in the

strong arms of possessions and pleasures—and unless we have a strong mind for reasoning—as to when we have had too much, we find ourselves in their strong embrace resting furiously to find some way out.

If then we recognize this as true, what are we going to do about it? Perhaps like the radio announcer, we should find an interlude in our daily life and pause to identify ourselves and to find refreshment for our souls, before going on to what lies ahead.

Let me put it this way and say that we need a Spiritual Vitamin to build up our run down or worn out souls. What finer time could you consider for taking such a tonic, than this period of Lent. We must steal away, if only for a few moments each day, to some place of quiet, away from the crowd. It is in a daily renewal and strengthening of our souls, by giving them a daily spiritual diet from the sources of Spiritual Supplies that we shall find such refreshment as is found in saying our prayers—Family Worship—and find what help we can from the reading of the Bible or other devotional literature.

All this is quite to the point just now, because this is the season of Lent. And Lent is an interlude which the Church in its wisdom provided for this very thing; to draw us away from material worries and worldly gains, and give us a chance to save our souls alive. If we use this Lenten interlude seriously, we shall find that it not only gives us a firmer hold upon God, but also a firmer hold upon ourselves. And this is a very important thing. Pause and Pray—Worship regularly in the Church of your choice. This is the will of God, even your sanctification. Read: 1. Thessalonians 4:1-8.

Student Citizens Election Campaign Gets Underway

The Future Citizen's Day election campaign got underway at Booth Memorial High School yesterday when two mayoralty and 17 aldermanic candidates gave their initial campaign speeches before the student body.

The auditorium session also heard Fred Aston, chairman of the Junior Chamber of Commerce committee sponsoring the project, and Bill Long, Prince Rupert City Clerk.

Helen Trapp is the students' city clerk who set the nomination day, held Thursday, and polling day, scheduled for March 16.

Mr. Long outlined for the students the methods of polling and illustrated the ballot form and Mr. Aston stressed the purposes of the project which is designed to show the students how municipal government is carried out and how a business or institution in which they are interested, operates.

SERIOUS PROJECT

He urged the students to take the project seriously, choosing their mayor and council for their ability, not for popularity, and also asked them to study the list of job openings carefully, choosing a job of particular interest to themselves, and then studying what the job involves, so that they may arrive on the job, ready to take on actual tasks.

Mayoralty candidates at the school are John MacDonald and George Henry. MacDonald's election platform included improvement of the school playgrounds, rebuilding of the old school "which is falling down," sale of the drydock to an operator who will maintain it, and repair of city streets.

George Henry termed himself leader of the SSH party (Shorter School Hours), and promised to shorten hours by deleting frills.

Aligning themselves with the SSH party were aldermanic candidates Ron Black, Jack Davidson and Peter Bartlett. Other candidates are Greig Forbes, Melvin Anderson, Dennis Reid, Gary Morrison, Helen Olson, John Dumas, Joan Grimble, Douglas Sankey, Duane Loughlan, Robert Brewerton, Shirley Ann Pierce, Fred Kristmanson, Phil Lyons and John Dumas.

Bible Institute Lecturer Here

L. MacDougall, lecturer at the Briercrest Bible Institute of Caronport, Saskatchewan, will be guest speaker at a two-day series of meetings at the Evangelical Free Church, Ambrose and Sixth Avenue East tomorrow and Monday.

Mr. MacDougall, who is on tour of the west reporting on the work of the school, will speak at both regular services at the church Sunday and at a meeting Monday night when he will show slides depicting the work of the school.

SPRINGHILL, N.S. (CP)—Despite a day-long fall of wet snow a record number of 358 residents turned up at a Red Cross mobile blood donors' clinic here. Officials said the number was high in the town's history.

BECKLEY, Sussex, Eng. (CP)—Council decided to close down a male-supervised playground because of misuse. The decision, however, was reversed and a women "who will demand more respect than a man" is to be put in charge.

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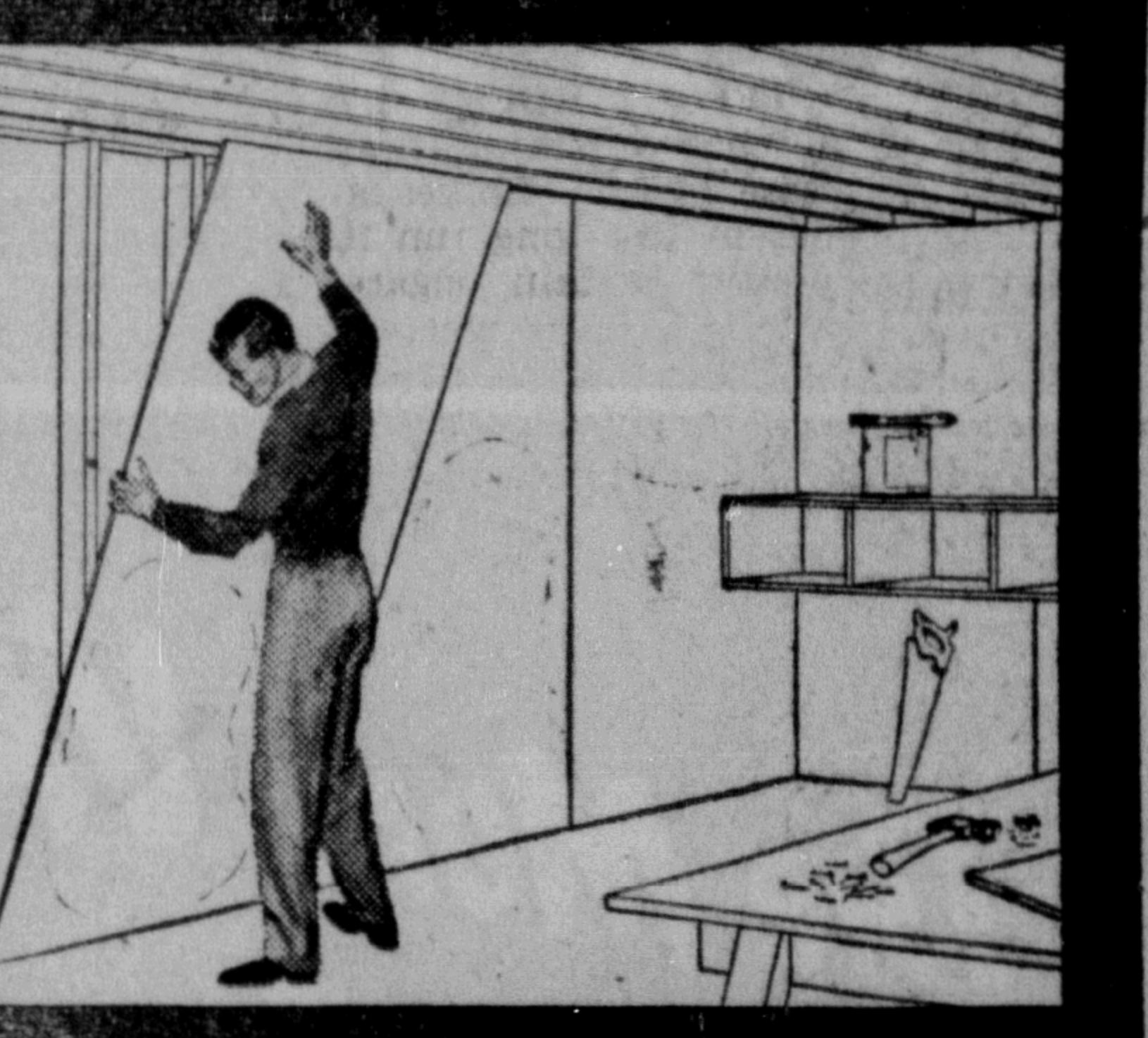


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Scouts, Cubs Concert Set For Monday

Prince Rupert Scouts and Cubs will stage a "thank you" concert in the Civic Centre auditorium Monday night, as a gesture of appreciation to city residents who contributed to their recent campaign for funds.

Highlight of the program will be a colored film on the 1953 Scout Jamboree in Ottawa.

The local boys' program will include the story of Cubbing acted out by the 2nd Cub pack, a boxing exhibition by Scouts of the 5th group with middle-weight champion Andy Marshall in costume, a Scout skit by Queen Scout Jim Baldwin and boys of the 1st and 2nd troops and a Jujitsu demonstration by Port Edward boys.

Following the film, the program will wind up with a Scout-cub sing-song.

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- Cash for old gold — Bulger's
- Moose Whist Drive, Saturday, 8 p.m. (61)
- St. Patrick's Tea, March 17, Catholic School, 2:30 p.m. Home cooking and apren booth. (64)
- An extra special meeting of the fishing Vessel Owners Mutual Protective Fund will be held at the Civic Centre, Sunday, March 14 at 2:00 p.m. Please attend. (61)

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