

SUPER-VALU'S 3rd ANNIVERSARY Sale

It's Our Birthday but You Get the Gifts!

★ **GUM DROPS** LB. 29c

★ **JELLY BEANS** LB. 33c

★ **CHOCOLATES** Weston Chocolate Drops 1-Lb. 49c

SOMETHING "NEW" IN FROZEN FOODS

SPARE RIBS in Pineapple Sauce	Pkt. 85c
SMELTS—Pan-Ready	Pkt. 25c
CHIPSTEAKS	Pkt. 60c
VEAL CUTLETS, R.H.	Each 25c
PORK CUTLETS, R.H.	Each 25c
BEEF CUTLETS, R.H.	Each 25c
COD FILLETS, Reliance	Pkt. 36c
OCOMA CHICKEN BREASTS	Pkt. 1.65
OCOMA CHICKEN DRUMSTICKS	Pkt. 1.65
OCOMA CHICKEN THIGHS	Pkt. 1.65
OCOMA CHICKEN WINGS	Pkt. 66c
OCOMA CHICKEN BACKS and NECKS	Pkt. 35c
OCOMA CHICKEN GIZZARDS	Pkt. 68c
OCOMA CHICKEN FRYERS	Pkt. 2.20
OCOMA CHICKEN PIES	Pkt. 58c
SCALLOPS	Pkt. 95c

12 MORE TERRIFIC BUYS!

SEE THE SUPER-VALU SUPPLEMENT ENCLOSED WITH THIS PAPER.

A FEW ARTICLES ARE LIMITED ... SO HURRY!

★ **RYVITA** WESTON'S—A diet "must." Pkt. 22c



Buy A Food Mixer For Only 10c

6 TO GO AT THIS LOW PRICE

HERE'S HOW—

- (1)—Print your Name and Address on the back of a box top or wrapper of any Proctor & Gamble Product or reasonable facsimile thereof.
- (2)—After your name and address print the answer to the following Question: WHO WAS BRITISH COLUMBIA'S FIRST PREMIER?
- (3)—Drop your box top or wrapper in the Contest Box at Super-Valu.
- (4)—Enter as many times as you like.
- (5)—Contest closes 4 p.m., Saturday, October 31st, at which time names will be drawn at random until 6 have the correct answer to Part 2, each of the 6 lucky people can purchase a Mixer for only 10 cents.
- (6)—Only one Food Mixer to a Family.

PROCTOR & GAMBLE PRODUCTS:

CRISCO — FLUFFO — SPIC & SPAN — IVORY SOAPS
CAMAY — P & G — CHEER — TIDE — DREFT — DUZ
OXYDOL — IVORY SNOW — IVORY FLAKES

WESTMINSTER

Tissue ROLL 10c

ARE YOU ON A DIET?

EITHER REDUCING OR DIABETIC? Watch for Super-Valu's new restricted diet food section ... coming soon.

PEANUT BUTTER

Kersey's, Glass Barrels—Each \$1.55

Look Over Our Selection of WOODLANDS FRUITS FOR XMAS CAKES The quality is up ... the prices are down

GUM—any kind	4 pkts. 19c
MILK—any brand	Case \$7.19
HANSEN'S DESSERTS	Pkt. 16c
DELUX TEA BAGS, 120's	Pkt. \$1.20
PABLUM—Large	Pkt. 43c
SHREDDED WHEAT	Pkt. 18c
GINGER ALE—North Star (Includes Deposit)	Quart 22c
NABOB STRAWBERRIES, 15-oz.	Tin 30c

MAZOLA OIL

GALLON TINS \$2.89

LA FRANCE BLUEING 3 Pkts. 31c

KRAFT DINNER Pkt. 13c

HARD GLOSS Johnson's Quart 97c

SPAGHETTI Libby's 2 tins 33c

TOMATO JUICE Nabob 20-oz. 15c

LIPTON' SOUP Pkt. 11c

SHORT GRAIN RICE Delta 2 lbs 37c

PURE LARD Swifts, Lb. 20c

GREEN BEANS Choice, 15-oz. 2 tins 29c

DOG FOOD Zip 2 tins 19c

RICKETTS BLUE Pkt. 10c

SHOE POLISH Nugget, Tin 15c

PEANUT OIL 16 oz. Tin 60c

ICING SUGAR 2 lbs. 23c

PREM Swifts, Tin 30c

PORK & BEANS Nabob 2 tins 25c

CATSUP Aylmers, 21c

Whether you deal with SUPER-VALU or not, you'll find SUPER-VALU is the WATCHDOG of low prices in Prince Rupert. Come in and benefit "first hand" by these prices.

MORE AND MORE PEOPLE ARE SHOPPING AT SUPER-VALU. Why not make up your mind now to start saving for Christmas by shopping the modern way.

PRINCE RUPERT'S ONLY HOME-OWNED SUPER-MARKET