



Ken Watson's Curling



WHAT'S WRONG WITH YOUR BACKSWING?

This is the third article on the backswing and we haven't even got it started yet so in case your muscles are cramped from sitting in the hack for over a week now, I'll try to get you back into a position where you can stretch your legs.

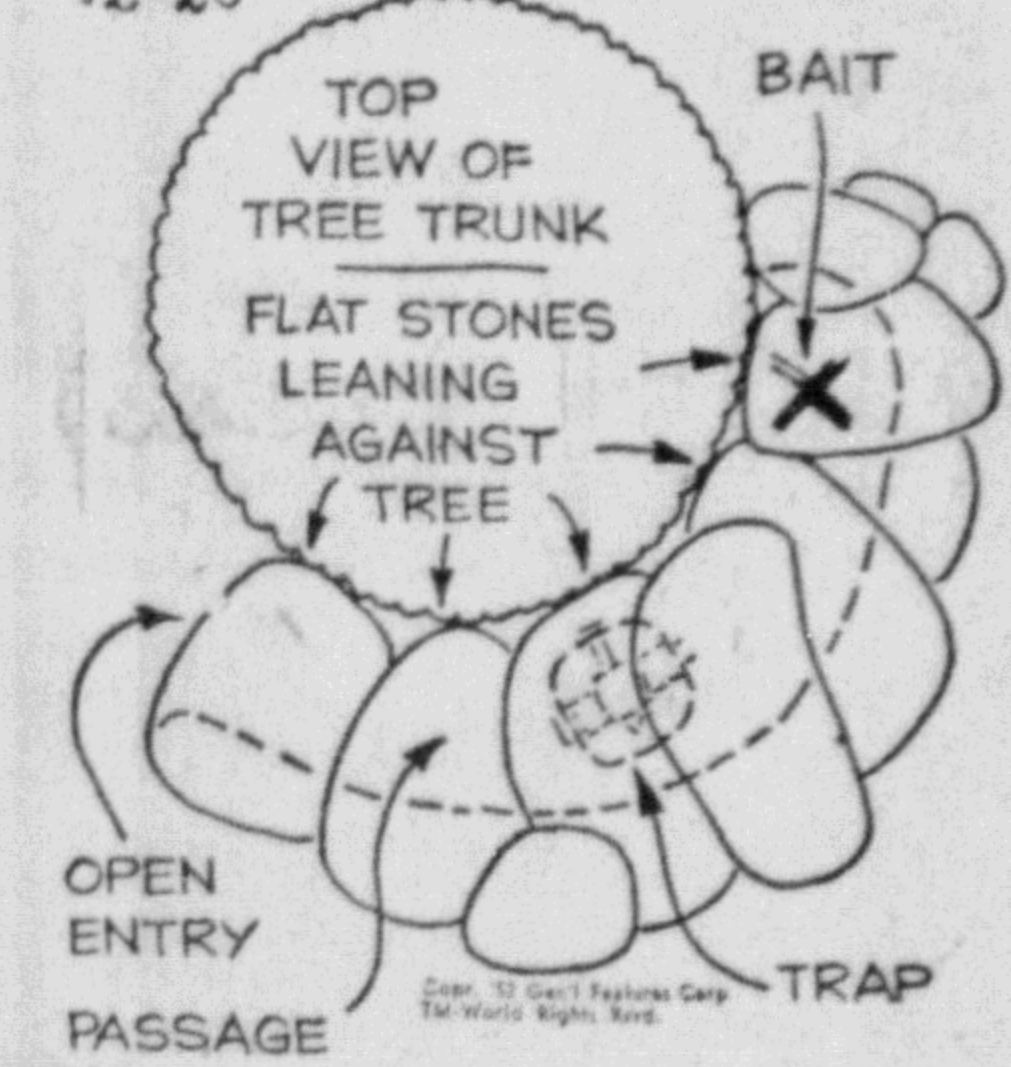
Draw the stone back slowly with the fingers as you elevate your body. The left foot moves sideways and back to counter-balance the weight of the rock. Don't change the position of the head, shoulders or body except to elevate them by straightening the knees. The stone is raised off the ice slowly by the elevation of the body. It should hang on the fingertips with the thumb still resting lightly on the gooseneck. Imagine you are swinging a pail full of sand. The handle of the stone should not turn in the hand, or very little, if any, during the backswing. The weight of the stone hanging from your fingers will bring it back on a straight line. Only if you jerk it back quickly are you likely to pull it off the correct line.

All the while you are going through these motions, your eyes are glued on the skip's broom at the other end of the ice. Never let them wander for a moment.

At the top of the backswing, the momentum of the swing of the stone will force the left arm back to offset the pressure. The entire weight of the body and stone is centred on the right leg which never completely straightens out.

How far back should you go?

**SPORTSMAN'S
DIGEST** By Hal Sharp
**THE TRAPPER'S
CUBBY PEN SET...**
12-25



ALL FUR BEARERS ARE MORE OR LESS CURIOUS AND SPEND A GREAT DEAL OF TIME EXPLORING THEIR DOMAIN. HERE IS A GOOD SET FOR WEASLES, SKUNKS, COON, ETCETERA. LEAN THE STONES TO FORM A PASSAGE, CLOSED AT ONE END. THE TRAP SHOULD BE CONCEALED BY LEAVES AND THE BAIT PLACED BEFORE PASSAGE IS COVERED. PLACE SCENT DROPS IN PASSAGE.

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(Continued from page 1)

creating a new brand of play on the floor featuring fast passing around the key to confuse defence of the opposition until one player crowding the key can get a set shot, or the ball can be passed to the centre man.

NEW PLAY

It is one of the most effective plays yet seen here.

Basketball fans were critical of Hartwig's choice of lineup, because former all-star players including Joe Davis, lanky guard of the Gordon & Anderson league team and top-scorer so far this season were not on the Challengers' lineup. But the Basketball Association made this statement later:

"We set down a form of rules at the beginning of the season which said that the top team of the league would be given first choice to form a team in exhibition matches.

"Coach of the top team also automatically becomes coach of the representative team and he can draw such players as he sees fit from other teams in the league to augment his lineup."

Mansons are currently two games ahead in the city senior league, and on that basis the Co-op Challengers team was formed with Mansons as the basis, an Association spokesman explained.

PRELIMINARY

In the preliminary game Ron Stewart with 20 points led Inter "B" General Motors in the 41-34 win over Sports Shop.

Tonight, an intermediate team from Metlakatla, B.C., will meet the Sports Shop squad in the preliminaries to the main event which is scheduled to begin at 8 p.m.

Lineup:

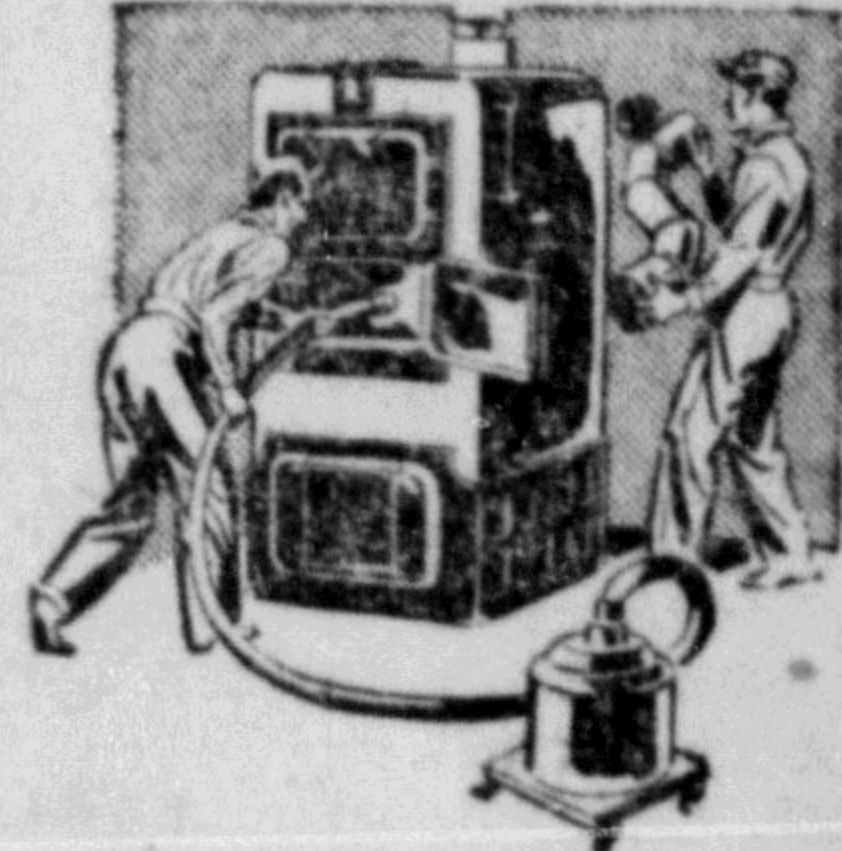
Challengers—Hartwig 4, Spring 9, Bill 2, Flaten, Olson 20, Scherk 12, Webster 10. Total 59.

Mercenaries—N. Milne 6, Buxton, Faber, Mel Booth 4, Jerry Lang 7, Bolton 16, Harry Lang 11, Fawcett 7, Irving Buxton. Total 46.

Inter "B"

General Motors — Nelson 2, Morrison 7, Stewart 20, Sankey 1, Grey, Strand, Young, Sedgwick 11, Forbes, Shenton. Total 41.

Sports Shop—Chrom 4, J. Parnell 8, Adkins 2, P. Parnell 2, Ronson 4, Ware 10, Phillips 2. Total 34.



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NOTICE To All Hockey Players

Meeting at Elks Club, Wednesday, January
14, at 8 p.m. To organize teams for
Sunday's Polio Benefit game.

ALL INTERESTED PLEASE ATTEND

Listen to GEORGE DREW

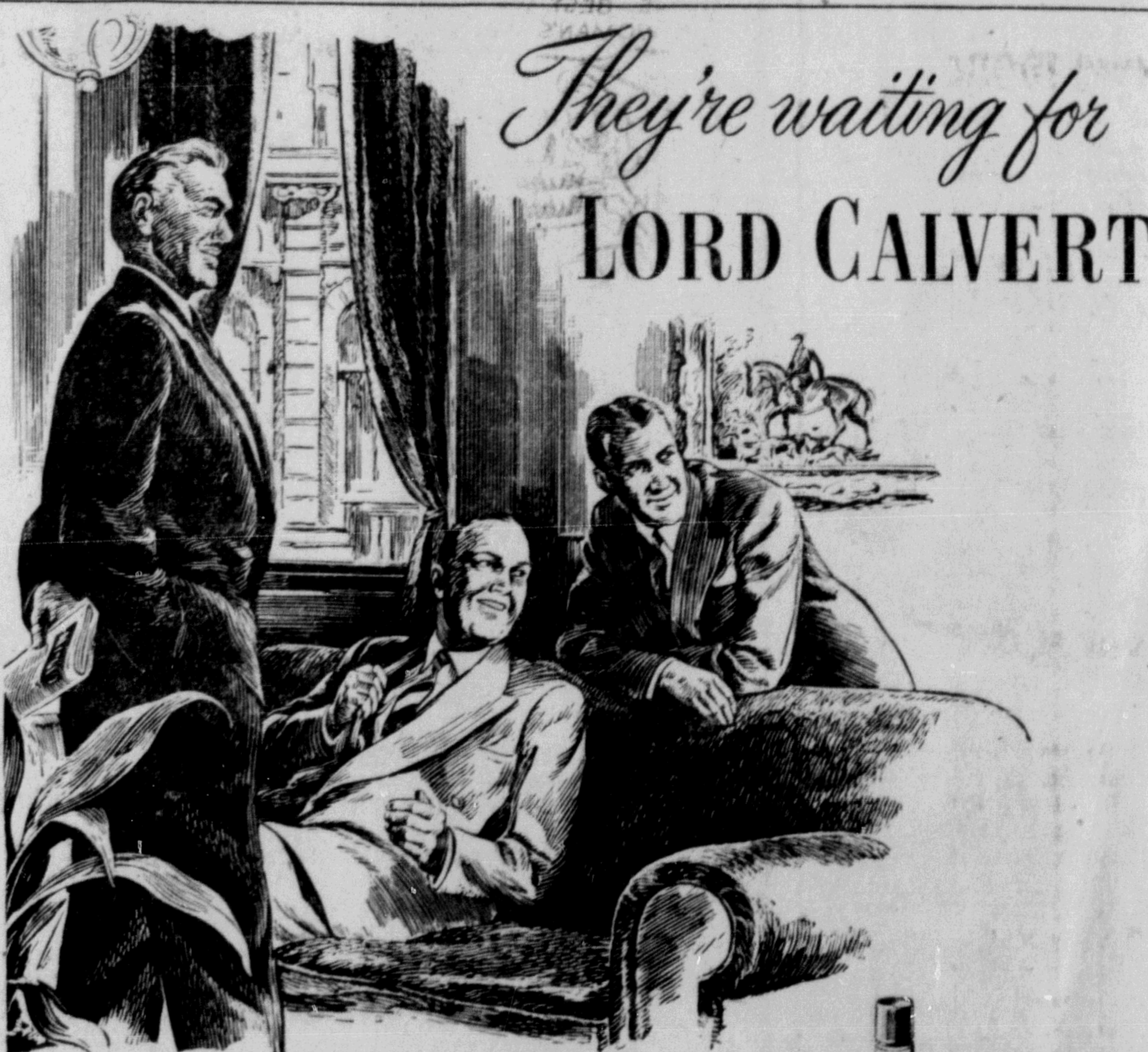
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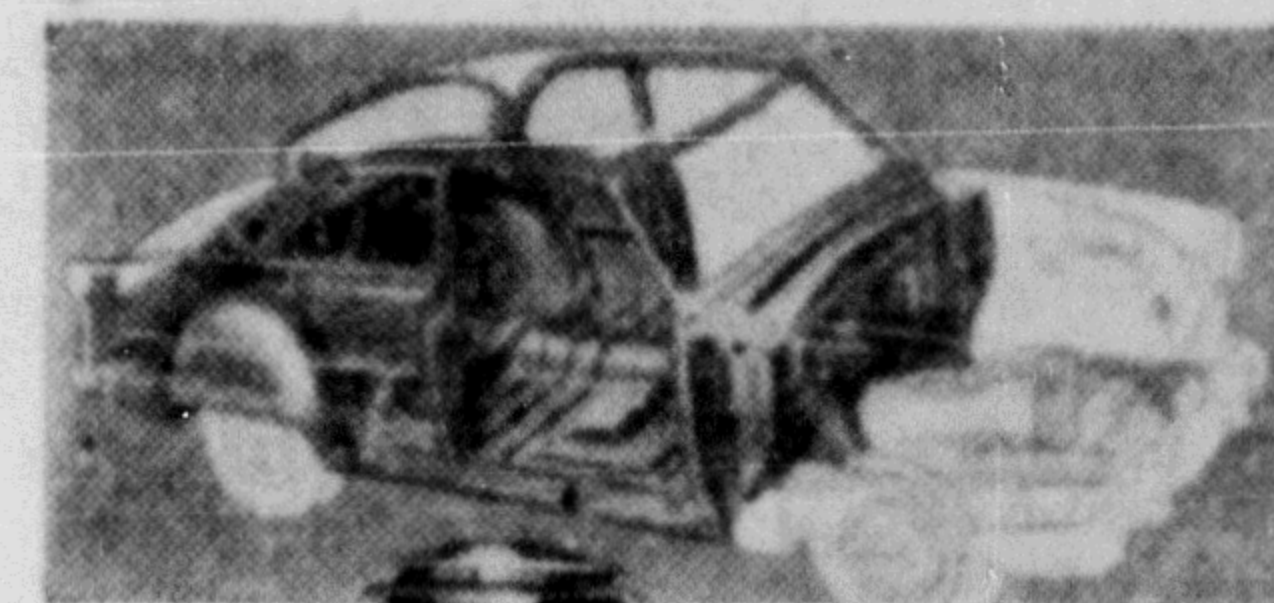
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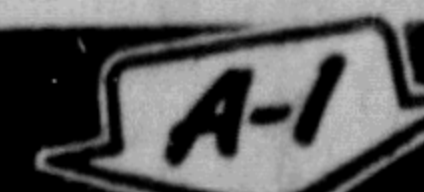
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