

Gardening....

MENU FOR SUMMER MEALS IS GUIDE FOR GARDEN SCHEDULE



Fastest Grown Vegetables are Radishes, Lettuce and Onions from Sets

Sow Each of These Vegetables Several Times

Vegetable	Harvest from one sowing lasts	Grow for family serving
Beans, snap	4 weeks	1 foot
Beets	6 weeks	1 foot
Carrots	8 weeks	2 feet
Cucumbers	4 weeks	2 feet
Endive	6 weeks	1 foot
Lettuce	6 weeks	1 foot
Kohlrabi	3 weeks	2 feet
Turnips	2 weeks	1 1/2 feet
Spinach	2 weeks	3 feet
Sweet corn	10 days	4 feet
Onion sets	4 weeks	1 foot
Peas	2 weeks	3 feet
Radish, early summer	1 week	1 foot
Radish, winter	2 weeks	1 foot
Peas	6 weeks	1 foot

To prepare a production schedule for a garden is a matter of arithmetic. Take carrots, for example. How often do you serve carrots to your family? Once a week, twice a week, or three times? It should not be hard to decide that.

The harvest of carrots from a single sowing will last in top condition at least eight weeks. During that period, say, you will serve carrots 16 times, or twice a week. A row of carrots two feet long will provide an ample serving for the average family. So your first sowing of carrots should be 32 feet long.

This should be followed by a second sowing, timed to mature when the first crop has been harvested; and three sowings should see you through the season, so far as table use is concerned.

If you will estimate the number of family servings each week you expect to use of all short-harvest vegetables, you can figure out the number of sowings and the length of row for each, from the data in the accompanying table.

This lists the vegetables, of which several sowings should be made, and gives data to enable you to plan successive sowings, and also the space which will be required for each crop in order to produce enough for family needs without waste.

Column 1 gives the time each harvest lasts from one sowing, and in Column 2 the space to plant in the garden row to provide one serving for a family of four.

Data on days to table size are given in most seed catalogues for every vegetable variety. Early varieties of lettuce will be ready in 40 days; while late head lettuce may take 90 days to mature. By sowing early and late varieties at the same time, you can have a longer harvest. This is advisable for sweet corn, because late varieties do better in late summer and early fall weather. But this practice re-

quires more space, since the slow maturing varieties occupy soil which could be used for something else if a succession of quick growing crops were sown. Peas, lettuce, radishes and spinach will not do well in July and early August, so do not plant these crops to yield in the hot weather, but sow them for early summer and fall harvests only. All the others should be sown two or three times or more, with the last sowing timed to mature before killing frosts arrive. Do not follow a leaf crop, seed crop or root crop with one of the same class; but use a different type, to avoid disease and soil exhaustion. Before sowing a second crop, dig up the soil and apply plant food again, 2 pounds to 100 square feet or 100 feet of row.

Freight for the Alcan projects at Kitimat and Kemano is beginning to pile up on docks at Vancouver faster than the coastal vessels can call to pick it up. More ships are being pressed into service and those already in operation are speeding up to handle the traffic. Shipping interests are looking for the biggest year in history and it will be that way for many years to come, it is anticipated.

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Premier's Daughter Seeks Stage Career

REGINA (CP)—The ambition of 18-year old Shirley Douglas, daughter of Premier T. C. Douglas of Saskatchewan, is to do her life work on the stage.

But diminutive Shirley has no hankering for the political stage. Ever since childhood she has wanted to be an actress.

Shirley, five feet two, weighing less than 100 pounds, took an important step in that direction recently when she won the best actress award in the annual Saskatchewan Regional Drama Festival. She will attempt a repeat in the Dominion finals.

Her first part was at the age of five when she played an angel in a Sunday School Christmas pageant in Weyburn, Sask., where she was born.

Shirley's first lead was a fairy in a school play, also at Weyburn. She was in Grade Two at that time.

Last summer she attended the Banff School of Fine Arts and took part in two Shakespearean dramas, "Midsummer's Night Dream" and "Comedy of Errors." She likes this type of role exceptionally well.

Her success in the regional Drama Festival is made all the more remarkable by the fact this is her first year in the Regina Little Theatre. She won the award while playing only her second role in a Little Theatre production.

She played a 12-year old girl in "Tomorrow the World."

Adjudicator Pierre Lefevre said she "sustained her role with variety and was in character throughout."

Mr. Lefevre said he thought a 12-year old girl had been exceptionally well cast for the role and was amazed to find that it was taken by a "young lady of 18."

"Never for a moment did she step out of character," he said.

Shirley has also done extensive modelling in Regina fashion shows, taken on deliberately to help her poise in walking on stage.

Co-op Business Mounting Naval Ship Visits Port

Consumer Turnover up \$100,000—Fish Output 2,500,000 Pounds

Reflects and Reminisces

When it was decided to call the A. J. Ross, a 100-ton, 100-horsepower motor launch, Prince Rupert was occupied by United States soldiers who had been here for years. An American General came up from San Francisco to take a leading role in the dedication ceremony on the mill. The gesture was considered eminently fitting. So that was that. But there were, however, a few hard-boiled old southerners who, if shy on sentiment, were strong on finances. How long would it be before the city could ever find funds enough to transform a rocky, rugged piece of country into a sea-side park, honoring a great nation and halving the memory of a wartime leader?

But what they asked did not matter. A noble park would arise, somehow, some time. Seven years have passed, but there is no sign of it. A two-by-four start was made, but it would have been better had this never been attempted. A Yankee tourist once, after a glance, asked why, it was Prince Rupert had a grudge against the president. Small wonder! And so, the fund originally intended to be devoted to park purposes, may now be used in other ways, and the most made of the memorial, such as it is. And that cannot be much. Arrested development rarely is.

Prince Rupert and Halifax, in certain respects, resemble one another. Each has a splendid harbor. Each has an eminence, rising to a considerable height from the centre of the townsite. But there, similarity stops. Halifax has no lofty peaks gleaming in the distance. But on the other hand, Prince Rupert is not a military and naval centre. Nor has Prince Rupert any history. Halifax can look back across several centuries. Her high ground, known as the Citadel, mounts heavy artillery. Queen Victoria's father, the Duke of Kent, was the man who started the fortifications. Prince Rupert is surrounded by vast forests. Halifax isn't. Halifax has a handsome hotel. Prince Rupert hasn't. One could go on indefinitely.

Yukon fears a meat scarcity while the foot and mouth disease remains a menace. Any shipments north would, of course, have to pass through British Columbia. For many a year it has been a common enough practice to see fresh meat sent south, instead of toward the Arctic. It was reindeer, instead of beef.

The Terrace-Kitimat railway will involve bridge building across the Skeena River. There

A Canadian Navy vessel on a combined training cruise and oceanographic survey on the west coast tied up in Prince Rupert harbor for a few hours yesterday for minor engine repairs and taking on stores and fresh water.

She was the former Algerian-class minesweeper EMCS Sault Ste. Marie, commanded by Lt. Com. B. T. R. Kassel, RCNVR. Also on board was Dr. J. P. Tully, oceanographer attached to the Fisheries Research Board of Canada.

The "Soo" is tender to HMCS Malahat, reserve division at Victoria, and is manned by reserve personnel. Her present cruise is of approximately three weeks' duration. Lt. Com. Kassel was married three days before the ship left port.

Pensioners To Get Free Drugs

VICTORIA (CP)—The government has rescinded an order which the CCF contended would have restricted benefits of free drugs for old age pensioners and social welfare cases in British Columbia.

Hon. A. D. Turnbull, minister of health and welfare, said his department had issued the order because of steeply rising costs of drugs. However, he added, the matter had been "grossly exaggerated" but, because of "rather widespread misunderstanding," the order would be withdrawn.

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Daily News Classified Ads Per

Perfect Tuna Casserole.

Perfect Tuna Casserole
1 can (1 1/4 cups) condensed cream of mushroom soup
1/2 cup milk
1 1/2-ounce can (1 cup) tuna, drained and coarsely flaked
1 1/4 cups crushed potato chips
1 cup cooked green peas, drained

Empty soup into a small casserole; add milk and mix thoroughly. Add tuna, 1 cup potato chips and peas to soup; stir well. Sprinkle top with remaining 1/4 cup potato chips. Bake in a moderate oven (350° F.) for 20 minutes. Makes 4 servings. Garnish with whole potato chips around edge if desired. Note: For Lent, use condensed cream of celery soup instead of mushroom soup.

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CANNED SALMON

"SOUP SCOOPS"
Springtime Garnish For Soup: Cream of celery soup looks all dressed up for spring with a bright green garnish like chopped chives or parsley. Treat the family to this on St. Patrick's Day or the First Day of Spring.

Hi-Hat Spaghetti Casserole: A Lenten dinner to be proud of is this. Pour 2 cans (3 1/2 cups) of spaghetti in tomato sauce with cheese into an ungreased 1 1/2-quart casserole; place in a moderate oven (475° F.) for 20 minutes. Meanwhile beat 4 egg yolks lightly; combine with 1/4 cup shredded Cheddar cheese. Beat 4 egg whites until stiff; fold in yolks. Pile eggs on top of spaghetti; continue baking at 375° F. for 30 minutes or until lightly browned. 6 servings.

"Soup-Prise" For Lent: A soup combination that calls for extra big bowls is made by mixing 1 can each of condensed clam chowder and cream of celery soups. Add 2 cans of milk slowly, stirring constantly. Simmer about 5 minutes.

PRICES SLASHED

PRICES GOOD TO MARCH 13, 1952

ORANGE JUICE, 20-oz.	3 tins 49c
STRAWBERRIES, 15-oz.	2 tins 65c
PEARS, Flemish Beauty, 15-oz.	2 tins 47c
DICED BEETS, Nabob, 15-oz.	4 tins 47c
GREEN BEANS, Columbia, 15-oz.	4 tins 79c
TOMATO SOUP, Campbell's, 10-oz.	6 tins 81c
CHOCOLATE MALTED DRINK, Borden's, 1 lb.	53c
BRAN FLAKES, 14-oz.	2 pkg. 49c
JELLO POWDERS	6 pkg. 57c
MARSHMALLOWS, Angelus, pkg.	39c
LICORICE ALLSORTS, English, lb.	44c

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