

YOUR INDEPENDENT NEIGHBORHOOD FOOD STORES

"The Stores of Friendly Service"



As Independent Merchants our combined purchasing power enables us to give the consuming public of Prince Rupert Quality Merchandise, Low Prices and Speedy and Efficient Service.

OUR POLICY

The Highest Quality Goods at the Lowest Possible Price

Prices Effective Mar. 28 to April 2

"ON THE SHELVES OR IN THE BIN—CHECK OUR PRICES—COME ON IN"



SPRING is HERE!

And a young man's fancy lightly turns to thoughts of love.

But with the Housewife . . . it's Housecleaning!

- BROOMS, Kitchenette 1.39
- GLOVES, Reversible, Elastic Wrist . . . 39c
- SHINOLA Paste Wax, 1's . . . 35c
- SOS . . . 14c
- BON AMI Powder . . . 15c
- P & G NAPTHA SOAP . . . 2 for 19c

PERFEX CLEANSER, Triple Action. 29c

ROTARY CLUB RUMMAGE AND AUCTION SALE

Spring is here! Now is the time to clean out your basements of those odds and ends. Just Phone 369, Blue 720, 20, and a Rotarian will call and pick it up.

RINSO Giant Size **73c**
PERFEX Bleach, 32-oz. **33c**

THE FAMOUS LIBBY'S BRANDS

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| TOMATO JUICE Fancy, 20-oz. 2 for 35c | SWEET MIXED PICKLES 16-oz. 38c |
| PORK & BEANS Deep Brown, 15-oz. 2 for 35c | WHOLE DILLS 24-oz. 45c |
| SPAGHETTI In Tomato Sauce, 15-oz. 2 for 31c | SAUERKRAUT 15-oz. 2 for 27c |

Canned Vegetables

- CUT GREEN BEANS Malkin's Best, Choice, 15-oz. 2 for 37c
- PEAS—No. 4 Royal City, Fancy, 15-oz. 2 for 39c
- PARK LANE CHICKEN Half's, 2-lb. 2oz. 1.59
- ZERO DESSERTS 2 for 29c

ROBIN HOOD CAKE MIXES

- White, Chocolate 2 for 53c
- Ginger Bread



KELLOGG'S CORN FLAKES, Family Size 24c

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| PRUNES, Malkin's Best, Fancy Large, 2's 45c | ICING SUGAR, 2's 27c |
| SUNMAID RAISINS, 15-oz. 25c | EXTRACTS, Malkin's Best, Vanilla or Lemon, 2-oz. 2 for 39c |
| YELLOW SPLIT PEAS Ceilo, Avion 16c | BLACK PEPPER Pure, Malkin's Best 32c |
| DOT CHOCOLATE, Semi-sweet, 1/2's 43c | CORN STARCH, Canada, 1's 21c |
| SHOESTRING POTATOES Nalley's, 8-oz. 18c | MAZOLA OIL, 16-oz. 49c |
| QUAKER OATS Quick, non-premium, 3 1/2 lb. 33c | LIPTON SOUP MIXES, Chicken Noodle, Tomato and Vegetable 2 for 23c |

PEANUT BUTTER 39c

Malkin's Best, Ice Box Jar, 16-oz.

LYONS' FINE FOODS LIMITED

Phone 250 and Red 465
5th Avenue at McBride

Midway Grocery

And Meat Market

We specially feature farm fresh eggs
Phone 659 6th and Ambrose

Rupert Butchers and Grocers

We Specialize in Fresh Meats & Poultry
Phone 21
Third Avenue Prince Rupert, B.C.

The Skeena Grocery

"Where particular people shop"
Highest Quality Meats and Vegetables
Phones 581 and 582

D & S GROCERY

Corner 2nd and 3rd Avenue
Phone 656



Lenten Special CARNATION MILK SALMON

Carnation Creamed Salmon
1 Tablespoon butter
1 Tablespoon flour
1/2 Teaspoon salt
1/2 cup Carnation Milk diluted with 1-2 cup water
4 flat can (half-pound) creamed salmon
Melt butter in saucepan over medium heat. Stir in flour and salt. 1 minute; remove from heat and 1/4 cup milk; blend carefully; all lumps are gone. Add remaining milk and return to heat, stirring constantly until sauce thickens. Boil. Add salmon and serve immediately over freshly made pasta. Serves 4 to 6.

Canned and Fresh Frozen Fish

- SARDINES Brunswick 3 for 29c
- Pickled Herring Mersmack, 16-oz. jars 34c
- SOLE FILLETS 4 lb.

CANNED FRUITS, JUICES

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| STRAWBERRIES Greer, 15-oz., Choice 29c | PINEAPPLE Kenwood Sliced, 15-oz. 27c |
| SWEET CHERRIES Hanley, 15-oz. Choice 2 for 43c | BLENDED JUICE Deep South, 20-oz. 2 for 27c |
| PEACHES Royal City, Fancy 15-oz., Sliced 2 for 49c | GRAPEFRUIT JUICE Texas Magic, Unsweetened, 20-oz. 2 for 27c |

FRUITS AND FARM FRESH VEGETABLES

- APPLES Newton, 3 lbs. for 37c
- CARROTS 2 Bunches for 25c
- CELERY 2 Pounds for 25c
- RHUBARB 2 Pounds for 45c
- CABBAGE Garden fresh, lb. 9c

OUR PRODUCE ARRIVES IN FRESH THREE TIMES A WEEK

PRICES ON THESE ITEMS EXTREMELY LOW
 ASPARAGUS—Fresh and Tender
 NEW POTATOES—From Florida
 WATERMELON—Highest Quality
 BROCCOLI—Fresh green bunches

Use Our Convenient Order Form

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|-----------------|-----------------------|-----------------|
| Brooms | Prunes | Sardines |
| Gloves | Raisins | Pickled Herring |
| Wax | Peas | Sole Fillets |
| SOS | Dot Chocolate | Apples |
| Bon Ami | Peanut Butter | Bunch Carrots |
| Rinso | Shoe String Potatoes | Celery |
| Perfex Bleach | Quaker Oats | Rhubarb |
| Perfex Cleanser | Kellogg's Corn Flakes | Cabbage |
| P & G Soap | Icing Sugar | Asparagus |
| Tomato Juice | Extracts | New Potatoes |
| Pork & Beans | Black Pepper | Watermelon |
| Spaghetti | Corn Starch | Broccoli |
| Mixed Vegetable | Mazola Oil | Bread |
| Pickles | Lipton Soup Mix | Butter |
| Sauerkraut | Strawberries | Eggs |
| Cut Green Beans | Sweet Cherries | Coffee |
| Peas | Peaches | Cheese |
| Canned Chicken | Pineapple | Jelly Powders |
| Cake Mix | Blended Juice | Milk |
| Zero Dessert | Grapefruit Juice | Sugar |

PHONE YOUR ORDERS — NO EXTRA CHARGE FOR DELIVERY