TIME FOR NABOB

Yes, anytime is NABOB time — the time to enjoy the many flavorful NABOB beverages and other wonderful food products. This weekend it is "TIME FOR NABOB" at your friendly Super-Valu and when you would like to see the time, while shopping, just look up at the nice new NABOB clock hanging on our wall

Take Time To Shop For These Bargains Also

★ **BEANS with PORK** Nabob 15 oz. .... **2 tins 25c**

★ **STRAWBERRY JAM** Nabob 24 oz. Jar **59c**

★ **CUT GREEN BEANS** Nabob 15 oz. Tin **15c**

Johnson's
Hard Gloss With Blem Pint **59c**

Quick 16 oz. Box .. **59c**

Wax Refills 25 Foot .. **27c**

ROYAL CITY
Apricots 15 oz. Tin **20c**

RED KING
Sockeye ½'s Tin **39c**

ROBIN HOOD
Oats Non Premium 3 lb. Box **31c**

PEACHES Columbia, Tin **23c**

MARGARINE Rose Brand, Pound **26c**

VELVEETA
CHEESE 2 lb. Box **95c**

COOKIES DADS OATMEAL Box **27c**

Marshmallows LOWNEY'S 16 oz. Bag **35c**

CAMPBELL'S
Tomato Soup **4 tins 45c**

We Have a Large Selection of Huntly & Palmer Gift Cookie Tins

HEINZ
Baby Foods **3 tins 27c**
Strained and Junior

Purex roll **11c**

ROBIN HOOD
Flaky Pie Crust Mix Box **29c**

Grapes Concord, Basket **99c**

Grapefruit White, Med. .... **3 for 27c**

Grapefruit Pink Med. .... **3 for 27c**

Spinach Fresh, Cello Bag, each **21c**

Lettuce Firm, ... **2 for 35c**

Cranberries Fresh, Pkg. **29c**

Tomatoes Firm, Ripe **2 lbs. 33c**

Silverskins For Pickling **2 lbs. 25c**

While They Last

LIPTON'S
Chicken Noodle Soup
pkt. **10c**

OXYDOL Regular ..... Box 40c

DUZ Giant ..... Box 79c

TIDE Giant ..... Box 66c

IVORY SOAP 4c off ..... 4 Bars 25c

SPIC & SPAN Large Size Deal .... ea. 65c

FLUFFO ..... Pound 27c

RICH 'N SPICY
MINCEMEAT
Nabob, 24-oz. **45c**

LEMON CHEESE
Nabob — Delicious Filling For Jelly Roll — Tumbler **27c**

STUFFED MANZANILLA
OLIVES
Firm and Meaty, Nabob, 12 oz. **63c**

TRUE TOASTED-NUT FLAVOUR
PEANUT BUTTER
Squirrel, 16 oz. **38c**

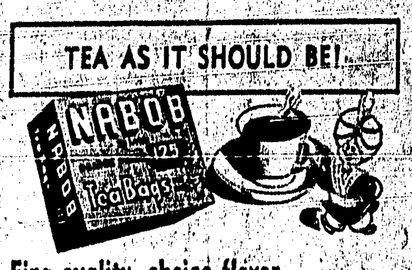
MAPLE FLAVOR
WAFFLE SYRUP
Nabob, 44 oz. Decanter **52c**

THE FAVORITE COFFEE IN THE WEST
COFFEE
Nabob, Flavotainer, 1 lb. **$1.05**

INSTANT COFFEE
Nabob — Full Flavored 2 oz. Jar **56c**

"Tea as it should be!" **$1.30**

TEA AS IT SHOULD BE!



Fine quality, choice flavor, full satisfying strength . . . 125 NABOB De Luxe Tea Bags **$1.45**

FISH STICKS Carton **45c**

Smoked Alaska BLACK COD
End Cuts, Pound **49c**
Centre Cuts, Pound **52c**

SMOKED KIPPERS Pound **39c**

PICNICS Burns Smoked Boneless, Midget, Pound **59c**

HAMBURGER Fresh, Pound **39c**

SPARE RIBS Pound **53c**

EMPIRE BACON 1 lb. Cello **62c**

Sheardowns
SUPER-VALU

SPECIALS GOOD UNTIL WEDNESDAY NOV. 19