

Time To Think Of Health

It is both notable and coincidental National Health Week, opened Sunday by Health Minister Paul Martin, marks the closing in Prince Rupert of one campaign against illness and sees the launching of two other causes dedicated to providing funds for the stricken, and to carry on research into the cause and prevention of two other diseases. Yesterday the Elks Lodge and Order of the Royal Purple's March of Dimes for crippled children came to its conclusion with more than \$2,200 contributed by generous city and district residents.

Monday the Kinsmen Club of Prince Rupert began its Polio Fund drive for \$2,000 to help finance treatment for victims of poliomyelitis, buy equipment and undertake research against the crippling disease.

On Saturday the recently-formed Canadian Arthritis and Rheumatism Society here will open its new clinic in Prince Rupert General Hospital. Still continuing are fund campaigns for the Canadian National Institute for the Blind, the March for Muscular Dystrophy and the Soroptimist Seal campaign against tuberculosis. Scheduled still to come this year are the Canadian Cancer Society fund drive, the Red Cross campaign and many others devoted to raising money to fight ill-health and disease.

All of these causes are emphasized during National Health Week. It is a time for one to think carefully about one's own physical welfare and that of their family and those about them. It gives one the opportunity to examine one's health habits, to ensure that the greatest care is taken to protect that rich endowment given to most of us that is beyond price. Wealth is nothing without good health.

In the broad scope of National Health Week the Health League of Canada includes the need for alertness to avoid industrial accidents, general improvement in the nutritional status of Canadians through dietetics; a vigorous campaign against cancer and tuberculosis; removal of fear about mental illness and fostering of special training in the field of mental health research into heart disease; advocacy of fluoridation of municipal water supplies for reducing dental decay; and the continuing fights against both diabetes and alcoholism.

All of these facets of National Health Week bear study and the best antidote against fear of any disease is knowledge, correct knowledge and the more the better. Your own doctor, your public health nurse stand ready to give you this information as they endorse the marking of this special week. Pause and reflect on your own general health.

It might save you needless fear, worry, even illness itself, if you act now.

NEW ZEALAND FIRMS START ANNUAL BID FOR WORKERS

AUCKLAND, N.Z. — Employers throughout New Zealand are in the midst of a desperate battle for staff. It is an event which occurs annually at this time of year.

There is a condition of heavy over-full employment in New Zealand, with about 27,000 vacant jobs for which workers cannot be found, so there is keen competition for staff all through the year. But the struggle becomes particularly intense from the middle of January to early in February.

New Zealand's peculiar holiday system is largely responsible. There is practically no staggering of vacations. The whole country shuts down light on Christmas Eve and does not get into gear again until after mid-January.

During this period all factories, warehouses, most industries, repair and maintenance services and most professions and offices are closed. The drift back to work from vacation begins in mid-January, but since there is such a vast choice of jobs, many young workers take the opportunity to look about and decide whether there is some more interesting or better paid position available. The turnover of girl factory workers is particularly large.

Other Papers Say . . .

ADDED TO RATIONS

A dehydrated steak may soon be added to the ration of the United States field soldier. The U.S. army quartermaster corps cooked up, and publicly the other day, said the soldier of the future will be able to have his steak with no more equipment than a mess kit, some water and a fire.

Frozen, the dehydrated steak looks like a chunk of wood before it is sliced into individual portions. Experts say that when cooked it smells like steak and tastes like steak. The soldier hopes so. Otherwise there would be little excuse for it.

—Sydney Post-Record.

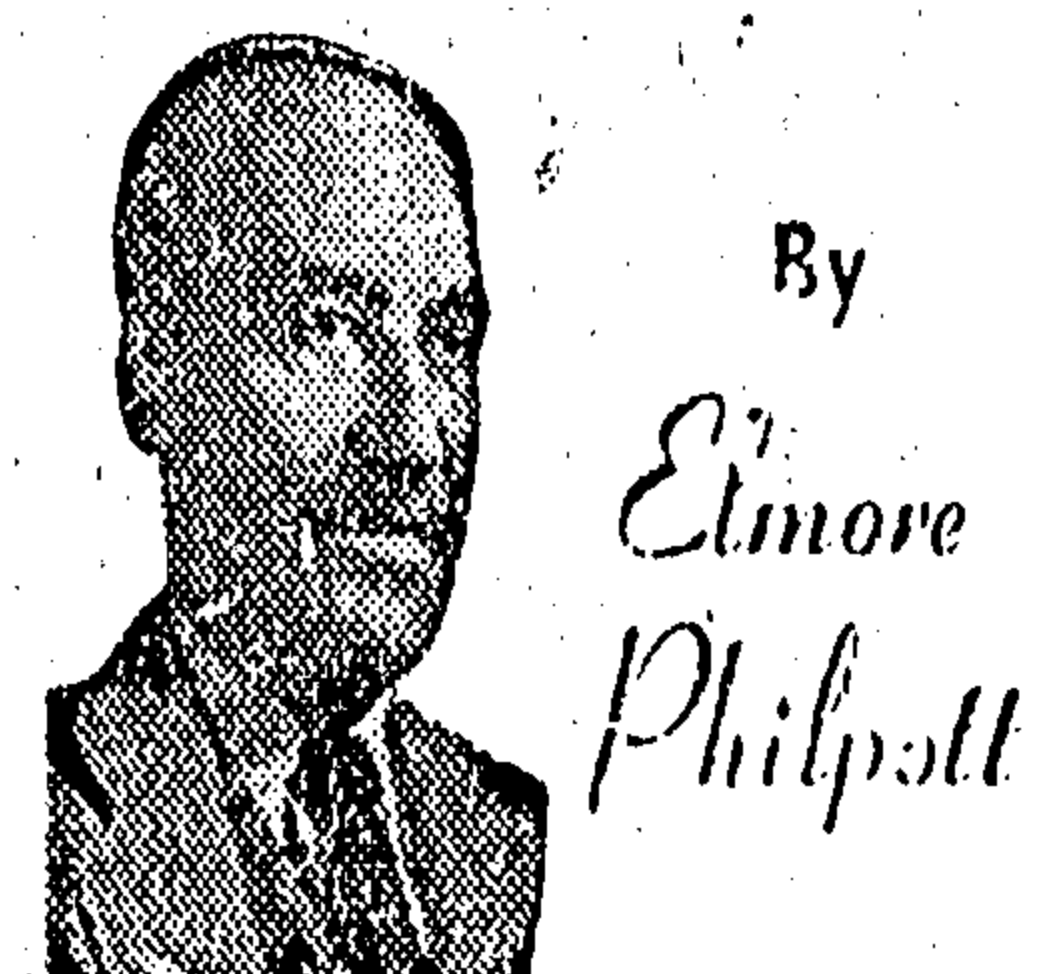
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As I See It



By
Elmore
Philpott

Odium on China

THE Minister of External Affairs has told Parliament that the government of Canada is considering the recognition of the present government of China. The matter will shortly come before the House of Commons.

Here are the countries whose governments already formally recognize the existing government of China:

Great Britain, India, Pakistan, Ceylon, Burma and Nepal, all of which are members of the British Commonwealth, or closely associated with it; the Netherlands, Sweden, Switzerland, Norway, Denmark, Finland, Yugoslavia, Israel, Hungary, Rumania, Poland, Bulgaria, Albania, Afghanistan, Czechoslovakia and Soviet Russia.

Thus, it is clear, from the list above, that apart from recognition by countries of the Communist bloc, the new government of China is also recognized by the vast majority of the people of the British Commonwealth, and by the most enlightened, and most democratic nations of Europe, such as the Scandinavians.

What really matters most, of course, is that the present government of China is recognized as the government of China by all the people of China except the tiny refugee remnant, which is protected on the island of Formosa by the U.S. navy.

All the great trade unions or organizations in Canada, as well as all of the farm organizations, are clearly on record as favoring the recognition by Canada of the government of China.

Several of the great Christian churches have urged the same action upon our government, and, indeed, the United Church ruling body has done so for several years past.

But, in my opinion, the most convincing argument in favor of such recognition comes from Vancouver's own Major General Victor Odlum, who is not only a famous former soldier, but one of Canada's most respected diplomats—having served as Canada's Ambassador to China in the days of Chiang Kai-shek.

In a powerful recent speech to the Women's Canadian Club of Victoria, General Odlum pointed out that China has never known a democratic government in the sense of one chosen by the people. The Chiang Kai-shek government, he said, was a "conspiracy" which used arms to force its way into power, exactly as the Communists did at a later period.

General Odlum holds that it is ridiculous to expect the refugee group on Formosa to be able to reconquer the mainland of China which houses more than 600 million people. He says, "Chiang Kai-shek was driven out by an army much smaller and more poorly equipped than his own. It could not have been driven out unless a very large proportion of the Chinese people were hostile to it and felt friendly toward Mao Tze-tung."

General Odlum is frank in stating that in the long run, he expects recognition by the west of the real government of China to weaken, and not strengthen, the Communist world bloc. He says:

"The Russian-Chinese alliance gives to the western Russian technology and resources an immense army already deployed at the far eastern end of its long rail line. At the same time, any attempt to put Chiang Kai-shek back into control of China would entail an all-out war. The simple fact, to which we cannot close our eyes, is that Mao Tze-tung is governing China. No wishful thinking can alter that."

General Odlum's most powerful argument is climaxed thus: "The tie between China and Russia may not be strong but it is a tie. The only way to break it, short of an all-out war, is to recognize Mao Tze-tung as the actual ruler of China (which he is) and to try by fair treatment to wean China from Russia. It should be remembered that the great mass of the Chinese people have an historic and an instinctive fear of the Russians."



DELEGATES to the federal-provincial health conference at Ottawa pose before a meeting. Left to right: Labor Minister Gregg; Justice Minister Garson; Health Minister Martin; Nova Scotia's Premier Hicks and Provincial Secretary Porter of Ontario. (CP Photo)

VICTORIA REPORT By J. K. Nesbitt

VICTORIA—There has been little done at the session so far this year but talk, talk, talk, and more talk, so much talk that nobody can tell who said what, or when.

It is becoming quite evident the government has little legislation this session, that the Premier always find a session a bore; it irks them to have to sit listening to speeches when they want to get to their offices and work.

There's nothing unusual about lack of business this session. This is the second-last session before a general election, expected next year. A second-last session before a general election is always a do-nothing session. All governments save their powder and their thunder and their fire for a session immediately before an election, in the hope of gathering votes. This is a time-honored custom.

By the end of the second week, all the legislation the House had before it was a bill making the dogwood B.C.'s official floral emblem, and a bill setting up plans for the 100th anniversary of the Fraser River goldrush in 1958.

More than ever, this year, MLA's are coming to realize there's far too much talk in the Legislature—but, of course, nobody does anything about it. It's high time MLA's had their

speeches limited to, say, half an hour. That's what's done in Ottawa.

A speech that goes on and on for an hour and three quarters loses all its force. It's quite impossible to follow. Everyone gets bleary-eyed, the brain grows numb. There are few men who can talk for an hour and hold interest. CCF Mr. Harding of Kaslo-Slocan is one. He has a great gift of oratory, and wisely he uses it. When he talks everyone sits up and takes notice.

SC Mr. Matthew of Vancouver-Centre showed that a short speech is best. He talked but half an hour. It was, therefore, easy to remember what he said. He made his points well.

What Mr. Matthew said about old-age pensions is worth study by every citizen of the province: "I refer to the restriction preventing an old-age pensioner from earning more than \$10 a month, in addition to his meagre pension, on the penalty of getting his cost-of-living bonus taken from him. I think that this restriction is very stupid. Why are we so inhuman as to give a man a pension he cannot live on, and then make it a crime for him to earn a little on roads where he thought. So more? This senseless restriction saps his initiative, and kills his self-respect. The best way to help the old-age pensioner who is help the old-age pensioner who can work is to let him get more work to do. It will boost his mor-

ale, make him feel that he is not on the shelf, make him feel that he is still wanted, and that his small bonus is not going to be pinched from him because he still has some 'get-up-and-go'."

The old cry "Let's take over the B.C. Electric," has again been heard in the Legislature this session. Uttering this cry so far this session have been CCFers Mr. Segur of Revelstoke and Mr. Harding of Kaslo-Slocan. Mr. Segur gave quite a talk on the subject. He said private companies shouldn't be allowed to develop the Columbia River, but that it should be done by the publicly-owned B.C. Power Commission.

CCF Mr. Nimick of Cranbrook said there should be a Highway Commission to spend the vast sum of money this government is spending on roads. He said from his sure Highway Minister Mr. Segur's honesty, and all that, pension, on the penalty of getting his cost-of-living bonus taken from him. I think that this restriction is very stupid. Why are we so inhuman as to give a man a pension he cannot live on, and then make it a crime for him to earn a little on roads where he thought. So more? This senseless restriction saps his initiative, and kills his self-respect. The best way to help the old-age pensioner who is help the old-age pensioner who can work is to let him get more work to do. It will boost his mor-

What You Should Know About Polio

This column is being run in conjunction with the Prince Rupert Kinsmen Club's Polio fund campaign for \$2,000 to help the B.C. Polio Fund, and will acquaint the public with most of the known facts about the dread disease which strikes every year. Prince Rupert had blue cases here last year.

WHAT IS POLIO?

Polio, or more properly poliomyelitis is a disease that attacks the central nervous system, paralyzing nerve centers, particularly those controlling the arms, legs and breathing. In a mild form it may pass unnoticed even by the patient. In a more virulent form the victim may be partially or totally paralyzed for life, or may die. In the severest, and commonly fatal, bulbar cases speech and swallowing are affected as well as breath life.

Throughout Canada, in 1955, less people contracted polio than in 1951 and consequently there were less deaths from the disease. The virility of the disease, however, remains. For example, in one recent week, five people in B.C. were stricken with polio, all of them were paralyzed. In these and the thousands other paralytic cases, the victims will require long and expensive hospitalization and treatment in specially equipped rehabilitation centers, such as polio money has started in British Columbia, making the province's post-polio care the most advanced in Canada.

Polio plays no favorites as regards race, religion or creed. In the famous phrase of the late Wendell Wilkie, as far as polio is concerned, "It's one world!" The hospital care and the therapy at the rehabilitation centers requires much special and expensive equipment. After leaving the rehabilitation center many patients require financial assistance towards re-establishment. The people of British Columbia provide the money which the B.C. POLIO FUND uses to carry on the battle against polio in all its aspects.



EIGHT-YEAR-OLD MICHAEL Dlugosz clasps his hands in prayer before a striking clay head of Christ, executed by the boy's father, a steelworker at a Lackawanna, N.Y., mill. The sculptor-steelworker, Louis Dlugosz, is back at the mill after a triumphant visit to Paris under the sponsorship of the local Chamber of Commerce. An untutored, primitive artist whose schooling ended after fifth grade, Dlugosz and his sculpture were sent to Paris to disprove a critic who claimed there was nothing original in American art. His sculpture, executed in bits of rolled clay, won critical acclaim.

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OTTAWA DIARY By NORMAN M. MacLEOD

One of the ideas that is mushrooming fast amongst Parliament Hill's sizeable corps of newspaper, radio and television correspondents is that all the Capital's Diplomatic Row could very usefully take lessons in propaganda from the Russians.

The local Soviet press office is easily the busiest foreign agency operating in the Capital. Regularly six days a week it mails out a flood of material to correspondents, editors, educationists, some banking and business executives, and to a generally broad category of people interested in public affairs.

Does the material go right into the waste-baskets of the people to whom it is addressed? Probably at least 90 per cent of the cases the answer is very definitely NO. And 90 per cent is a very high readership for this class of material to secure.

How do the Russians manage to get it? Their formula is so simple that any propaganda agency can duplicate it readily. It is merely a high degree of frankness—telling on occasions about some of the troubles as well as successes, of life in a planned Socialist state.

Here, for example, is an extract from the Soviet News Bulletin which might have come from a Capitalist propaganda source:

"Agricultural machines and equipment are not always distributed with due account to the needs of the various machine and tractor stations. Not infrequently machines are sent to machine and tractor stations, which do not need them while they are wanted by other machine and tractor stations. Thus, marshland draining machines were sent to the Vankayskaya machine and tractor station, though there are no marshes in that vicinity. Cotton cultivators and flax-seed drills were sent to the Mordovian station where they are not needed. The agricultural organs sometimes place orders locally for machines and various units at high prices. An order for stackers was placed with the Kuznetsk factory of the Ministry of Construction at 5,650 roubles a piece, which is twice as much as such a stacker costs at the Rostov agricultural machinery plant."

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Or another example, taken from the same day's issue of the News Bulletin:

"Administrative apparatus in many ministries and departments still continues to be big and costly. Some heads of organizations do not display persistence and initiative in improving and cutting the cost of the state apparatus; violate state discipline in the expenditure of funds on workers above the approved personnel rolls; and unlawfully raise the salaries of employees. In the first half of 1955 financial organs disclosed that 26,000 office workers were maintained above the approved pay-rolls and more than 13,000 were unlawfully paid higher salaries. During this same period they have disclosed some 200,000,000 roubles in unlawful and above-standard appropriations in administrative budgets."

This is self-criticism, on a fairly big scale. But it is also very smart propaganda. For by including the occasional revealing glimpse of real life in Soviet Land the Russians ensure the reading of the material they distribute.

No other Embassy on Diplomatic Row achieves anything like comparative success in the propaganda or information field. The reason is that they try to work at it so hard—or so imaginatively. They are slow to pick up the lessons that the Russians are teaching.

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