

Consecration Rites Held For New Bishop

Most Rev. Fergus John O'Grady, former provincial of English speaking oblates in Ottawa, became titular bishop and vicar apostolic of Prince Rupert, B.C., in a consecration service in Vancouver today.

The service took place at St. Augustine's church, where he began his clerical career.

Consecrator was Most Rev. William Mark Dakin, archbishop of Vancouver. Co-consecrators were Most Rev. Anthony Jordan, co-adjutor archbishop of Edmonton, and Most Rev. Quentin Jennings, bishop of Fort William, and former bishop of Kamloops, in which diocese Bishop O'Grady spent 14 years of his missionary life.

The sermon was delivered by Most Rev. Philip Poreck, archbishop of Winnipeg, where Bishop O'Grady's parents, Mr. and Mrs. Edward O'Grady live.

Following the consecration a dinner for bishops and clergy was given at the Hotel Vancouver, as a tribute to Bishop O'Grady for his work in Indian missions and the field of education, and as executive head of the English-language Oblates.

Bishop O'Grady will be installed in the Church of Annunciation in Prince Rupert next Wednesday. Most Rev. M. M. Johnson, co-adjutor archbishop of Vancouver will preside and the sermon will be given by Most Rev. James Hill, bishop of Victoria.

READERS

For the best in Chinese Food try the Grand Gate. This week we have Leng Spare Ribs and Chips, Deep Fried Wunut, Deep Fried Prawns with Sweet and Sour Sauce. Open till 2 p.m. Saturdays only. Phone orders our specialty. Dial 3225. (53)

Regular meeting Women of the Moose, Moose Temple, night, Ad for Bridge and Waist under "Coming Events" was in error. This will be held Wednesday, March 14. (53)

Fishermen's Local U.F.A.W.U. will meet Saturday, March 10, at 1:30 p.m. in the Legion Auditorium. Election of delegates to Vancouver Convention. (53)

Annunciation Recreation Club, Thursday, 8 o'clock. (53)

FROZEN DINNERS FAVOR TIME-BUDGETED



Perhaps you are one of those women who trouble a great part through the food market after working all day at a desk behind a store counter, at a soda fountain.

If so, you will be looking for the best way to fit meal preparation into your already too busy day. How about trying the "frozen" meal technique. It gives you extra time to make meals well rounded.

One help is to be on the lookout for new products with built-in time-savers. If you have a frozen meal prepared dinner, another step to take now is to freeze it when you purchase it. Then pull it out as needed to save time and energy. It is a good old fashioned idea to freeze your soups...and don't forget to plan for at least one each week. This is a good defense tactic. If it's expected to rain, however, the family's complaint of "being tired of the same old thing" may be true. So, here's another tip: Give the three main courses a little meat with the help of frozen dinners. They are ready and

simple to heat up and serve.

Guest speaker, Dr. James R. Thornton, RCM, in speaking on nutrition said that in Catholic schools the emphasis was on general education as opposed to specialized education.

Father H. S. Tunney, speaking on behalf of Father O. P. Mohan, a high priest, reminded parents of their obligation to obtain for their children a good funda-

mental training both materially and spiritually.

Sister St. Martin thanked the parents for their co-operation and interest in the working of the school.

Following the "open house" parents attended the Annunciation Home and School association's monthly meeting in the school hall.

President Mrs. Colbraith reported that the Junior Savings club has a membership of 85 children and in three weeks of operation the children had deposited \$90.24.

"The executive is more than pleased with the response of the children and it is very encouraging to see how the students have taken to this new method of saving," Mrs. Colbraith said.

The project of the association will be to purchase a duplicating machine costing some \$50 for the use of the teachers in the school.

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