BRIDAL COUPLE MR. AND MRS. Arthur William Russ are pictured following their afternoon wedding ceremony Saturday in the St. Andrew's Anglican Cathedral with the Very Rev. A. E. Hendy, Dean of Caledonia, officiating. The bride was the former Miss Delores May Roberts of Kitkatla and the groom is the son of Mr. and Mrs. Frank Russ of Kitkatla. Attending the newlyweds were Mr. and Mrs. Ernest Jackson also of Kitkatla.

Home-Owner Wins Appeal Against Building Rule

City Council last night granted an appeal against a decision by building inspector J. C. Ewart to discontinue construction on the house of Mrs. F. M. Chaprun at 224 Seventh Avenue West.

Mr. Ewart said he had construction halted because the building did not have the required sidewall clearance and no valid permit had been obtained for the full amount of work.

City Council disallowed the building inspector's decision on the grounds that work had progressed too far and should have been checked at an earlier stage.

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Pension Boost To Help Cover Expense To City

The City will retain from residents of the Pioneer Home the $6 increase granted to old age pensioners by the federal government until any change is made in the operation of Provincial homes, City Council decided last night on recommendation by the Social Assistance committee.

The increase is regarded as coverage for the rising cost of living, Clerk-Comptroller R. W. Long expained, and will be used as such by the city.

Senior citizens at the Pioneer Home receive a $10 comforts allowance, compared to $7 for pensioners in Provincial Homes, Mr. Long said. He added that the operating cost of Pioneer Home exceeds the residents' payments by some $2,400 per year.

Frizzells Entertain Friends

Former city residents Mr. and Mrs. Howard Frizzell of Chicago last night entertained their friends at a movie-showing of their personal film entitled "A Cruise of a Lifetime."

The film pictures the Chicago couple aboard the Swedish luxury-liner "Kungsholm" on a 97-day cruise which took them through the Mediterranean Sea, the Suez Canal, Indian Ocean, China Sea, across the Padific Ocean, through the Panama Canal and to home port New York.

The 50-minute colored movie shows Mr. and Mrs. Frizzell on their oceanic voyage made in January, 1956 and in all the famous cities of the Eastern world.

After spending the summer in Prince Rupert, visiting relatives and old friends, they sail Saturday morning aboard the "Prince George" on the Alaskan Cruise. Upon their arrival in Vancouver, Mr. and Mrs. Frizzell will return to Chicago.

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Fresh Fruit Guide

By BETH CAMERON

If you've been looking forward to peach time, you should be a happy homemaker, now. We are right in the peak of the peach season — juicy, plump fruit fresh from British Columbia's sunny Okanagan is everywhere. It is yours to take home and enjoy.

These are mainly the freestone varieties, the kind to enjoy fresh in big platefuls of peach shortcake, a heaping bowl of peach ice cream and other peach desserts. No one needs much help with fresh peach ideas — just say the word and you have visions of delicious eating.

Sun-ripened peaches at the height of their season rate at least one batch of jam or marmalade. To make plain peach jam, just cut the peeled and chopped fruit into coarse pieces. Using not more than 12 cups of the chopped fruit at a time, place it in a heavy kettle and if necessary, add the tiniest amount of water to start them cooking.

Cook the peaches over low heat about 10 minutes. Measure and add ¾ cup sugar for each cup of fruit, plus 3 or 4 tablespoons lemon juice for each cup of fruit, plus 3 or 4 tablespoons lemon juice for the entire batch. Cook rapidly to the jam stage. Then ladle into jars and seal. Twelve cups of chopped fruit will give you about 4 pints of jam.

For a novel touch, try adding a touch of spice to peach marmalade. You can't actually recognize it as spice in the finished product, it just helps bring out all that is good in a fresh peach.

This recipe will give you about 3 pints of marmalade:

PEACH MARMALADE

10 large peaches
2 medium oranges
5 cups granulated sugar
¼ teaspoon salt
½ teaspoon whole cloves
Small stick cinnamon

Peel and pit peaches, chop and place in heavy kettle. Add thinly sliced oranges cut in small pieces. Add sugar, salt and spices tied in cheese-cloth bag. Bring to boil, stirring until sugar is dissolved. Then cook rapidly until two thick drops of syrup will run together off side of spoon, about 40 minutes. Ladle into jars, seal.

BELLINGHAM, Wash. (AP) — Jailed on a charge of public intoxication, the spry, old gentleman gave his name as Jack Robert Duncan, his age as 92, and his recipe for longevity:

"Dissipation, my boy, dissipation."

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FULL WEEKEND OF ENTERTAINMENT

MYRA WALDO, New York homemaker and author of the "Round-the-World Cookbook", is pictured at the Technicum Institute of Food and Nutrition, Moscow, where chefs are trained for schools, factories and hotels, as she prepares American coffee, which proved to be the greatest interest to the Russians. The beverage was the climax to a sit-down dinner she had cooked for 40 sutdents, teachers and officials, from 200 pounds of canned and packaged food she carried by trans-Atlantic plane to Moscow. The meal was a challenge for Miss Waldo, who thought that the Russians could learn more about the American way of life through food than they could from any propaganda broadcast. Finally, the carefully considered verdict was, "Ah, Miss Valdo . . . you ar vonderful."

Personally Speaking . . . .

Mr. and Mrs. John H. Steele and children Charles and Jennifer returned to the city Monday afternoon by car after a two-month stay in the south. While away, Mr. Steele attended the summer session of the University of British Columbia in Vancouver and Mrs. Steele and the children visited with her parents, Mr. and Mrs. John Pr[illegible]ski in Kelowna.

William Becker, son of Mr. and Mrs. Earl Becker, 300 Fulton Street, leaves tomorrow by CPA plane via Terrace for Vancouver en route to Victoria where he will join his parents who are holidaying there. They plan to return home next month.

Mrs. John Johansen of 326 Fourth Avenue East, is presently visiting her son-in-law and daughter, Mr. and Mrs. E. Braman, formerly of this city in Portage La Prairie, Manitoba. Also in Portage La Prairie is her son Howard Johansen of this city, who leaves August 31 for St. Johns, Quebec where he will join the Royal Canadian Air Force.

Miss Shirley Knight of 416 Fourth Avenue East, left yesterday by Canadian Pacific Airlines plane for Vancouver and other southern points for a vacation visiting friends.

Mrs. Osborne Stout of Port Clements left this morning by CPA plane for her home fol[illegible] visiting her daughter, Miss Andrea Stout, 1237 Park Avenue.

Former Prince Rupert resident Mrs. Bunnie Karasosky and her three children, Jerry, Elaine and Joanne of Vancouver return home tomorrow by plane via Terrace after spending the summer in the interior and the past week visiting Mrs. Walter Lundrigan, 266 Ninth Avenue East.

Former city resident Mrs. Paul (Yvonne) Quick, returned to Prince Rupert by train after seven years for a week's visit with friends Mr. and Mrs. James Ciccone, 535 Tatlow Street, from her home in Saskatoon. She returns home by way of Edmonton from where she will drive to Saskatoon.

New Dentist Awaiting Equipment

Within the next three weeks, Prince Rupert residents will have three dentists to attend to their aching teeth.

Arriving in the city August 15 was Dr. Ronald Waddell, with his wife Betty from North Vancouver, who hopes to begin his practice in the Smith Block as soon as his dental equipment arrives.

Dr. Waddell obtained his diploma from the dental school of the University of Oregon.

He joins Dr. Alexander Gray and Dr. H. W. McDonald as resident dentists.

READERS
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Doctors And Clergy Join Hands To Fight Death

There is, today, a growing awareness of the relationship between health and faith: some medical students now take courses in religion; many clergymen, in turn, are trained whilst in actual contact with the sick and dying.

In September Reader's Digest read how doctors as well as clergymen now realize that *faith* is necessary in the well-being of all people; how medicine and ministers are joining forces to help the ill. Get your September Reader's Digest today: 36 articles of lasting interest, condensed to save time.

New Way Relieves Arthritic, Rheumatic Pain Without Pills
Greaseless, odorless cream penetrates painful area, speeds flow of fresh blood, helps drive away pain-causing pressure and congestion.
Toronto, Ont. (Special)—Science has now developed an odorless, greaseless cream that acts in a new way to bring hours and hours of relief from pains of arthritis and rheumatism—without the need of taking pills and other medicines.
Rubbed gently into painful areas, this cream penetrates and actually vanishes into the skin. It increases the flow of fresh blood and thus helps drive away pain-causing pressure and congestion. It brings comforting warmth from deep within.
Used by doctors in England, France and the U.S.A. this new cream is available without prescription at drug stores everywhere. Ask for InfraRUB. Only $1.39 a large tube. InfraRUB is guaranteed to give comforting relief from arthritis-rheumatism pains or your money back.

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