You Can't Work with hand or brain when the body is poorly nourished. Get warmth and strength for the day's work by eating for breakfast Shredded Wheat with hot milk. Contains all the body-building material in the whole wheat grain prepared in a digestible form. Its crisp goodness is a delight to the palate and a life-giver to tired brain and jaded stomach. Made in Canada.



MINERAL ACT

Certificate of Improvements

NOTICE

Fractional mineral claim mated in the Skeena Mining Division of

Where located :- At the head of Alice Arm, adjoining the Rivermouth and Cariboo mineral claims.

TAKE NOTICE that I, G. R. Naden, Free iners' Certificate No. 94,096B, acting as gent for Carrie Pratt, Free Miners' Cer-No. 93,917B, intend, sixty days corder for a Certificate of Im-Crown Grant of the above claim.

And further take notice that action. under section 85, must be commenced before the issue of such Certificate of Im-

Dated this 23rd day of December, A. D. Inserted December 29th, 1915.

LAND NOTICE

DISTRICT OF COAST

erson, of Porcher Island, B. C. ermission to lease the following described

encing at a post planted at the Humpback Creek, on its east irection, following low water



THREE BAPTIST PARSONS ENLIST AS PRIVATES .- Although the response to the Lord Derby Recruiting Campaign was not complete enough to suit everybody, it is evident that it was extensive and most comprehensive. In the centre of the crowd shown above waiting to enlist, are three Baptist clergymen.

EAGLES' NEW OFFICERS ARE DULY INSTALLED

The F. O. E. Lodge No. 1945 elected the following new officers, date hereof, to apply to the who were duly installed by B. F. provements, for the purpose of obtaining Self, Past Worthy President. V. stated: A. Cole, Worthy Pres.; George Sweet, Worthy Vice-Pres.; Fred Amess, Chaplain; M. Ross. Treas-Apr. 2 urer; C. C. Loop, Secretary; J. Sweder, Conductor; P. Cospick, Roi Barnes, W. Wright, Ben Self and J. Sweder.

After the installation, a splenoccupation ranchers, intend to apply for did supper was served by Mr. Self after which songs and speeches were the order of the evening. The hundred members present spent a most enjoyable time.

A man proposes, woman sup-

to and from Norway, Sweden, Den-

mark, Finland, Italy and Russia.

SAILINGS FROM NEY YORK

"United States" January 3rd.

"Bergensfjord" January 8th.

"Hellig Olav" February 3rd.

Prince Rupert, B. C.

"Kristianiafjord" February 29th

CITY OF PRINCE RUPERT

NOTICE IS HEREBY GIVEN that an application will be made in the Legislative Assembly of the Province of British Columbia at its next session on behalf of the City of Prince Rupert for an Act containing provisions which are shortly stated as follows:-

(1) To authorize the changing debentures issuable under the bylaw in this clause mentioned, from the Sinking Fund plan to Annuity Intalment or Serial Bonds and the terms of years as herein

	Term of years.			
No. Bylaw and Object	Amount pres. 1	oro.		
97 Local Improvement Section 1	\$600,000 50	30		
59 Hydro Electric	550,000 50	30		
63 Government Debt	115,000 50	30		
11 Telephone Plant	40,000 20	10		
29 Electric Light Plant	66,000 15	10		
and authorising the collection of install	ments under such bonds	with		

Inside Guard; Trustees: Messrs. power to sell such bonds at a discount, and to use the Sinking Funds already collected towards reducing the debt; and power to raise any deficiency on sale of bonds by the issue of further bonds. Such changes to be made without submission to the ratepayers.

(2) Validating Bylaw No. 243 of said City; being "a bylaw \tag{2} for the purpose of authorising the renewal of certain treasury certificates and for issuing an additional amount of such certificates," and authorising the issue of bonds on the said Annuity Instalment or Serial plan for the \$100,000 mentioned in Bylaw 243 for n ot more than 30 years and also to ratify Bylaw 245, relating to such debentures; both without submission to the ratepayers.

(3) To provide for temporarily financing all said bonds by authorising the issue, renewal or reissue of temporary notes for not | more than five (5) years from the date of such issue, renewal or reposes, that is if she things she issue, pending the sale of the bonds heretofore mentioned and making provision for the payment of any loss which may be made on the sale of such temporary notes, renewals or reissue thereof:

(4) To provide for collecting instalments both for principal and interest before bonds have actually been sold. Such instalments so far as principal is concerned to be applied to reduce amount of treasury certificates or temporary notes then outstanding or to be issued.

To provide for similar changes with regard to the following Bylaws, the debentures authorised by which have been hypothecated to the Bank of Montreal; but only with the consent of such

Dank.		Term of years				
Bylaw.	Object	. 100	Amoun	nt I	res.	pro.
158	Section One Improvement		\$140,000.0	0 4	19	30
	Change of Grade 2nd Ave.		7,43	7 [50	20
148	Grading Lanes		29,000.0	0 [50	20
156	Grading 8th Avenue		25,000.0	0 5	50	20
	To provide that securities	to be	issued un	der the	e fol	lowing

bylaws, under none of which any securities have as yet been issued, Annuity Instalment or Serial bonds may be issued and such bonds to be for the term here set forth, namely:

Term of years.

Your King and Country Need You

RECRUITS WANTED FOR 62nd OVERSEAS BATTALION, CANADIAN EXPEDITIONARY FORCE.

RECRUITING OFFICE AT PROVINCIAL GOVERNMENT OFFICE NOW OPEN.

In view of the recruiting which is in progress at present throughout the Province, it is apropos to answer a few of the questions which are considered by those who contemplate entering the Service. The following is a list of pertinent queries, together with he information which each elicits.

QUESTIONS ANSWERED.

1 .- How long am I to serve? Until the end of the war and six months after if required.

2 .- What pay shall I receive? Your pay as a private will be \$1.00 per day and 10 cents field allowance. Besides this you will be clothed, equipped and subsisted by the Govern-

3.-What will my wife receive during my absence? Every month there will be paid her a separation allowance of \$20 (also part of your pay) and if this be not enough to comfortably maintain your family, the Canadian Patriotic Fund will further assist them.

4.-What will happen if I am wounded or sick? You will be cared for by the Government and your pay continued until you are discharged. If you are permanently disabled an allowance will be paid you, varying according to the extent of

your injury or disability. 5.-What will be done for my wife and children if I die while on Active Service? The Government will provide an adequate pension, that will enable the family to live comfortably until the childhen are old enough to look after themselves. The widowed mother of a single man, if the son be her sole support, is treated in the same way as a wife.

Amount pres. pro. Object 180 Morse Creek Bridge \$ 35,000 350,000 General Sewer System 12,000 182 Grading Fulton Street 46,000 183 . Grading City Property, 2nd Ave. 207 Electric Pole Line Extens. 45,000 60,000 209 Telephone System Extension with power to use the sinking funds heretofore accumulated to

reduce the debt when incurred, and further, to cease collecting further sinking fund, and to provide for the collection of full instalments for total principal on each said bylaw from the commencement of the work authorised. The application of such instalments to reduce the amount of bonds required to be issued.

(7) To provide that no further sinking fund shall be collected under Bylaw No. 208; being "The Water Main Extension Bylaw" except sufficient to pay off \$20,000 of debentures already sold thereunder, and providing for the issue of Annuity instalment, or Serial bonds, term twenty (20) years, for the balance of the debt, namely; \$130,000, and for the use of the sinking fund already collected under said bylaw, except the part applicable to the \$20,000 already issued; to reduce the said amount of \$130,000 bonds when

(8) As to Bylaws Nos. 144 and 241 relating to Market Place grading: Power to change the debentures authorised thereby from Sinking fund plan to Annuity Instalment, or Serial bonds at thirty (30) years, and to use the sinking fund already collected to purchase bonds to be issued thereunder, and to cease collection of further sinking fund:

(9) To provide for raising a reserve fund to ensure prompt payment of annual instalments to the amount of \$50,000 for present authorised indebtedness, and \$20,000 for every additional \$1,000,000.

(10) Providing that it shall not be necessary to submit to the ratepayers any bylaw making the change from sinking fund debentures to Annuity instalment or Serial bonds or changing the term of years, or the issue of new bonds to meet loss on sale of bonds or temporary notes.

DATED AT PRINCE RUPERT this 30th day of November, A. D. FREDERICK PETERS, 1915. Solicitor for the City of Prince Rupert, B. C

Don't merely smother your cough

Mathieu's Syrup of Tar and Cod Liver Oil not only CURE IT -promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.

35c. large bottles, everywhere. J. L. MATHIEU CO., Prop., SHERBROOKE, P.Q.

If your cold is feverish Mathieu's Nervine Powders, the wenderful headache cure, will

Empress Jams

Are strictly a B. C. Product. Right from the delicious, fresh picked, sun ripened fruits of the Fraser Valley and Vancouver Island, to le purest of Cane Sugar.

Every step in the producing and manufacturing of the delicious Jam contributes to the prosperity of B. C. It will satisfy the most exacting.

> SOLD BY ALL GROCERS In 1-Ib. Glass Jars and 4-Ib. Tins

THE EMPRESS MANUFACTURING CO., LTP. Vancouver, B. C.

Empress Jams

Ramsay's Empire Cream Sodas

In 2-Ib. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness. 超级国际的经验。1997年11日

Prove it by buying a tin with your next order.

Manufactured by

RAMSAY BROS. & CO., LTD. Vancouver, B. C.

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THERE

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Prince Rupert's Leading Paper!

. Read