

FELT LIKE A NEW PERSON

After Taking Only One Box of "Fruit-a-lives"

EAST SHIP HARBOUR, N. S.
"It is with great pleasure that I write to tell you of the wonderful benefits I have received from taking 'Fruit-a-lives'. For years, I was a dreadful sufferer from Constipation and Headaches, and I was miserable in every way. Nothing in the way of medicines seemed to help me. Then I finally tried 'Fruit-a-lives' and the effect was splendid. After taking one box, I feel like a new person, to have relief from those sickening Headaches".
MRS. MARTHA DEWOLFE.
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

WANTED

Experienced Bridge men, Track men, Tracklayers and General Construction Laborers to join the 239th Battalion, Overseas Railway Construction Corps. Drafts leaving Vancouver, B. C., for Valcartier, P. Q., weekly. Be attested and forward papers to Vancouver, and transportation will be arranged at once. Send all communications to: Officer commanding, 239th Battalion, C. E. F., 175 Cordova St., W., Vancouver, B. C.

Coughing scatters germs—Stop it

Coughing increases the irritation of the already inflamed mucous membranes and is moreover apt to carry disease to others. Mathieu's Syrup of Tar and Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure. The wonderful popularity of Mathieu's Syrup of Tar and Cod Liver Oil is specially due to its great value as a permanent lung and bronchial healer. Sold everywhere, 35c large bottles.
J. E. MATHIEU CO., Prop., Sherbrooke, P. Q.

Salvation Army.

Public meetings, Tuesday Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsay's Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

RAMSAY BROS. & CO., LTD.
Vancouver, B. C.

Let Us Save You Money on your Gasoline or Distillate

We guarantee to save you 25 per cent. on gasoline or distillate and upkeep and free any motor from CARBON troubles. Every box of Carbonvoid is equivalent to 50 gallons of gasoline. Every box of Carbonvoid \$15 in gasoline 400 to 500 ad. Carbonvoid is a just drop in the move all carbon. The largest companies in the world use it. THE ALLIES ORDERED IN JUNE 288,000 CARTONS. Previous order 250,000 cartons. Fully guaranteed or your money refunded. Mailed anywhere on receipt of \$1.50

For Sale Only by
Geo. L. Clayton, - Prince Rupert, B.C.

FROM FAR AND NEAR

A general investigation into the high cost of food has begun in the northwestern states. Several anti-trust cases are pending already. The authorities are particularly investigating the price of coal.

John Nelson, of Seattle, and his wife, Ingeborg Nelson, each decided to give the other a surprise by buying a piano for their home. They now have two pianos but the harmony of the home does not seem to have been benefitted. The one piano was paid for and a contract signed for the other and the court finds that they must retain both.

M. B. Bourdeaux, a French cook in Seattle, borrowed an auto the other day. He must have left his compass at home for he steered such an irregular course that he encountered a market stall and several other heavy and immovable obstacles. The adventure cost the cook \$100.

Lord Northcliffe has published a book entitled "At the War". The proceeds are to be devoted to



In Peg O' The Ring at the Westholme Theatre tonight.

CITY OF PRINCE RUPERT

Court of Revision, Municipal Voters' List. TAKE NOTICE that a Court of Revision, consisting of His Worship the Mayor, Alderman Dybbavn and Alderman Casey, will sit on Monday, the Eleventh day of December, A. D. 1916, at 2:30 p. m., as a Court of Revision to correct and revise the list of voters for the year A. D. 1917. The Court will sit in the Council Chamber, City Hall, and any person having any complaint as to any name being improperly placed on said list, or improperly omitted therefrom, shall attend and lay his complaint.
F. PETERS, City Clerk.



NEW MINISTER OF MILITIA AND HIS PALATIAL RESIDENCE

Inset is the picture of Hon. A. E. Kemp, Minister of Militia. The beautiful home shown here is what is known as "Castle Frank". It is erected on the site of Governor Simcoe's residence. It is interesting to note that the Canadian Minister of Militia lives where the first Governor of Upper Canada resided.

the funds of the Red Cross Society.

A profit of \$67,000 was made during the past year by the Ericson Shipping Company, Newcastle, which owns only one vessel.

In Rome and other Italian cities ladies are adopting the habit of going hatless as a war economy. The example has been set by many aristocratic ladies.

The "Lokalanzeiger" says that the British "tanks" are a feeble imitation of the invention of a German engineer. The journal does not say why Germany did not make use of the discovery.

According to advices from London, no Canadian officer over the rank of lieutenant is allowed to leave England for active service. Senior officers who leave Canada will have to revert to a lieutenant unless special duties are assigned to them.

Col. J. W. Stewart has been appointed deputy director of light railways in the British army in France.

LAND ACT

VANCOUVER LAND DISTRICT—DISTRICT OF COAST, RANGE 3.

TAKE NOTICE that I, Leo Stanley Burdon, of Ocean Falls, B. C., occupation mill secretary, intend to apply for permission to purchase the following described lands: Commencing at a post planted about five chains distant and in a westerly direction from the southwest corner of Lot 31, Range 3, Coast District, thence south 20 chains; thence east 25 chains; thence north 20 chains; thence west 52 chains, to this post, containing in all about 45 acres.
LEO STANLEY BURDON.
NOVEMBER 8, 1916. F. 6.

NAVIGABLE WATERS PROTECTION ACT. R. S. C. Chapter 115.

The Grand Trunk Pacific Railway Company hereby gives notice that it has under Section 7 of the said Act deposited with the Minister of Public Works at Ottawa and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert at Prince Rupert, a description of the site and plans of warehouse proposed to be built in Prince Rupert Harbor at Prince Rupert, British Columbia, in front of waterfront Block "G" according to registered plan of the townsite of the said city of Prince Rupert deposited in the aforesaid Land Registry Office as No. 923. AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice, the Grand Trunk Pacific Railway Company will under Section 7 of the said Act apply to the Minister of Public Works at his office in the City of Ottawa for approval of said site and plans, and for leave to construct the said warehouse. Dated at Winnipeg, Manitoba, this 25th day of May A. D. 1916.
THE GRAND TRUNK PACIFIC RAILWAY COMPANY.
H. H. HANSARD, Solicitor.

Royal Reserve

The Whisky of Quality

Aged in Wood 8 Years before bottling

GUARANTEED BY THE GOVERNMENT OF CANADA

Demand the Brand

British Plantation Rubber Is Saving Canada Millions

Low Prices of Rubbers and Overshoes Due to Britain's Control of Situation

Here in Canada many of us have fallen into the truly Anglo-Saxon habit of considering the "Mother of Parliaments" slow and a bit behind the times. The present price of rubber, when its cause is revealed, affords one of the many proofs that such an opinion is away off the mark.

Thanks to great rubber plantations established, in the face of criticism and ridicule, many years before in her tropical Dominions, Great Britain at the outbreak of the war held a firm and tightening grip on the world's supply of raw rubber—a grip reinforced by her dominating navy. From 60% in 1914, the production of these plantations has grown this year to 75% of the whole world's output, leaving only about half the requirements of the United States alone to come from all other sources.

The result has been that the needs of the Allies, enormous though they are, have been plentifully supplied, while Germany has been reduced to registered mails and the "Deutschland" in desperate attempts to mitigate her rubber famine. Neutrals have been allowed all the rubber they want, at prices actually lower than before the war, so long as they prevent any of it from reaching the enemy, while Canada and other parts of the Empire have an abundant supply at equally favorable Government-regulated prices.

In this foresight and generosity of the British Government lies the reason why rubber alone, of all the great staples, has not gone up in price—why rubbers and overshoes, in spite of increased cost of fabric, chemicals and labor, are as inexpensive as ever, while shoes are costing several dollars a pair more. Wearing rubbers or overshoes through this winter to protect these expensive shoes is more than practical thrift—it is grateful patriotism, for in thus saving leather we make it easier for the Government to secure the absolutely necessary supplies of this alarmingly scarce material for our soldiers.

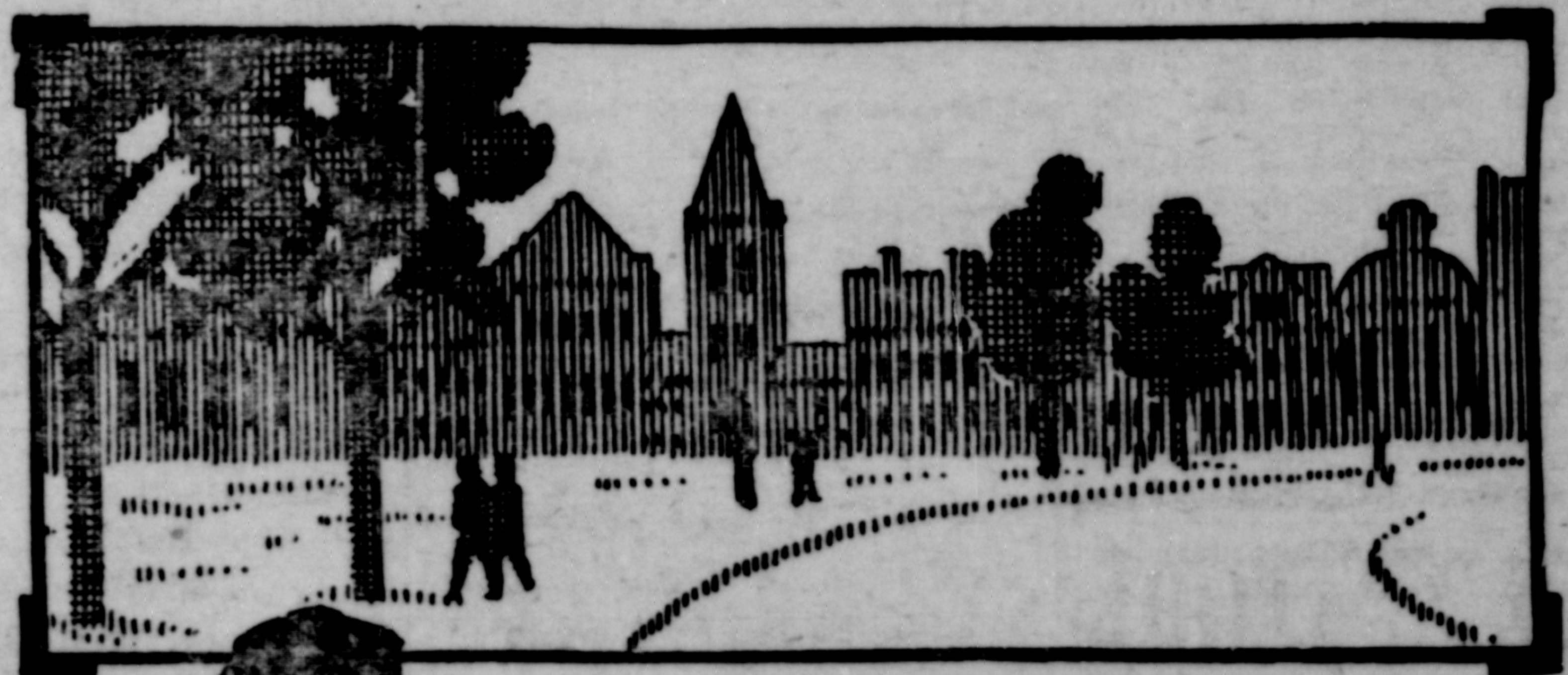
Both Thrift and Patriotism Point to Rubbers!

11

Black Tan and White Best for the Shoes

2 IN 1 SHOE POLISHES

In new patent "Easy Opening Box" 10c Easiest to use



The Poor Man's University

"JONES knows more about motor cars than any other man I know," said a man to his friend. "He has obtained his knowledge chiefly from motor car advertisements, and the catalogues and booklets circulated through them."

"All I know about photography," declared a well-known amateur, "I have learned from the men who advertise cameras, plates, papers and films."

Advertisements have been well called "The Poor Man's University," but other than poor men have been schooled thereby.

Much of what the average individual knows concerning personal and domestic hygiene, modern office methods, books and authors, electricity, precious stones, investments, and almost everything else, he has learned from advertisements.

Advertisements have stimulated our intelligence, added enormously to our knowledge, and given us aspirations which have raised us to higher levels of thinking and living. Advertising is indeed "The Poor Man's University."