e Rupert's public health program was here this week with arrival of two wellovincial health officers.

e dentistry, toured adian Bank of Commerce here. rt with Dr. Duncan e Rupert health of-

ave been on a tour units in the Peace oo and Skeena diswere driven to the Black from Burns

rs. Ted Boulter have a three-week car the Okanagan,



DUCER-Britain's film producer, ar-old Betty Box, to study possible s in Alberta, She find authentic grounds for movie on the Alelds, "Campbell's he picture will be r and all outdoor shot in Canada. d Canadian artisical talent will be h as possible. (CP Photo)

Dervice ontier

dentist at this 500 miles north of red Neville has left e, Alta., where she

versity of B.C. professor said In addition to the informative that for some years emphasis lecture, films was on buying goods "but it clerks in action were shown to oung English nurse River in 1929, the night concluded his series of lectures to more than 70 reprede of the natives sentatives of trades in this terview at Edmon- He explained the difficulties efore I left, many of customers in big cities to remember them park their cars in the downtrend is to suburban stores.

em I had brought and buried. Others row up and their Neville first arriv-

tailer today because of increasver while the hosed costs in preparation. ng built, the nat-He said surveys show that con continuing with operatives are a grave threat to perations and obretailers because they are able ss Neville's work to buy in large quantities and matter of educawarned against "going to the government every time someth the years, they thing goes wrong in your busi-

the value of comspital, she said. Resolution. He visdoctor was 70 miles ed hospital once and twice in the questions about an article he

wishes to buy. whose work might ing from treating KNOW YOUR PRODUCT thumb to extractined at Ramsgate lives to selling, 'Know your he south coast of

product!' Don't let the customirst came to West- er have to ask you about your fter hearing about rom a brother, Miss a mission school trate, you'll make a sale," said Alta, when an ap- the professor, explaining that if le for workers in people bought goods only by desame to Hay cription "you wouldn't need a

lay, September

Job's Daughters 5, 8 p.m. to tell the clerks about sales. ess. silver march "Don't let them be the last to (209) know your business."

unday School Before concluding last night. p.m. Imperial professor Vukelitch, who is in next. Bring the Department of Commerce at come to the Hall UBC, thanked Mrs. Kathleen (209) Laurie and Mr. G. P. Lyons of the Prince Rupert Retail Credit

meeting Salmon Granters Association for their Civic Centre help in organizing the classes. 100 p.m. Saturday, He also spoke briefly of the ed by T. Parkin, importance of the Credit Bureau (1t) and said all merchants should

officer for B.C., Vancouver and Victoria. Mr. McCombie, director Boulter is manager of The Can-

> Bert Jeffries, vice-president of the Junior Chamber of Commerce, has returned home after a 15-day fishing trip along the

Mrs. G. R. Hull has returned to the city after spending two months visiting relatives and friends in Vancouver.

The Rev. L. G. Sieber, pastor of First United Church, accompanied by his son Roy, left by car for Hamilton, Ont., where Mr. Sieber will attend the sessions of the general council of the United Church as delegate of the B. C. Conference.

The Rev. W. E. Sieber, of Golden, will conduct services here Sept. 7 and 14 in place of his nephew.

George Dawes, well-known furniture dealer here, has been appointed deputy coroner for Prince Rupert.

He received notification of the appointment in a letter yesterday from the provincial secretary's office.

Mr. and Mrs. Joe Richards are leaving on tonight's train on an extended trip to eastern Canada and the United States. Places on their visiting list include Halifax, Nova Scotia, their home city, and Boston, Mass. They will be motoring back about the first week in November.

PRICELESS MANUSCRIPT The orginal manuscript Samuel Pepys' Diary, written in shorthand, is in six volumes containing 3,000 pages.

Addressing Rotary Club mem-

Gyro Club members and last

town areas and said the modern

A man who has worked in

many kinds of stores, he said

less money is going to the re-

In his lecture to city business-

men in Booth Memorial High

School auditorium, he said the

customer shouldn't have to ask

"For those who devote their

"If you tell, show and illus-

He urged his audience to "build

"Don't assume that a customer

hasn't got the amount of money

for the value which you have

He urged managers and owners

built up and be specific in your

the value of your product by ex-

plaining its features."

Emphasis on Selling Laid

By UBC Economy Professor

United States instal vending machines with various

articles is because they can't get adequate help, ac-

cording to Professor Lawrence Vukelitch.

bers here yesterday, the Uni- belong to it.

Here to conduct a sales train- | were served.

One of the prime reasons many stores in the

Barbecue Roast Pork for Zippy Flavor



TRY SPICY PORK AND BEANS

pork and bean casserole made with

chopped apple, sausage and spices.

First pour one 1-pound can of pork

and beans into a baking dish. Cut a

medium-sized apple into bite-size

add ¼ teaspoon cinnamon. Dot the

into coin-slices. Heat to bubbling in

a hot oven (400°F.) about 20 min-

SPAGHETTI AND OLIVES

ARE HAPPY DUET

the trick when you want an extra-

elegant dish from cans of spaghetti

in tomato sauce with cheese. Open

and heat the spaghetti as usual.

Gently fold in about 1/4 cup of sliced

spaghetti will make 3 good servings

TEAM SOUP WITH MILK

for school lunch boxes. How young-

sters do enjoy a thermos filled with

such a hot savory combination. And

Good hot soup is a perfect feature

Bright slices of stuffed olive turn

utes. Makes 4 servings.

fixed this way.

fore heating.

pieces and stir it into the beans;

Bubbling with spicy flavor is a

DOAST pork hits a new high for tantalizing flavor when you barbecue it in a rich tomato sauce. Celebrate the first fall days with a luscious platter of pork fixed this

irresistible way. Just the right recipe for the sauce is half the secret to successful barbecuing. One sauce is sure to make all partakers smack their lips. It's a sharp-rich blend of rosy tomato top with 1 large link sausage, cut soup, chopped onion, vinegar and lively seasonings. Tastes good enough to make even an "old cowhand" give a cheer.

Serve the barbecued pork from a handsome platter at your table. Or slice and enjoy it sandwich-style at a picnic or backyard supper.

Oven-Barbecued Pork

1 5-pound pork loin 4 cup finely chopped onion 4 cup finely chopped celery. 1/2 clove garlic, minced

2 tablespoons brown sugar 2 teaspoons prepared mustard 1 can (11/4 cups) condensed tomato

2 tablespoons Worcestershire sauce 2 tablespoons lemon juice and vine-4 drops Tabasco sauce

Place pork in a shallow pan and the soup teams so well with milk, 2 hours. Combine sauce ingredients; | with lunches. The whole array of mix well and pour over roast. Con- condensed soups are good bets for tinue cooking for 11/2 hours basting the thermos bottle. To prepare any frequently. Serve hot barbecue of them with milk, simply blend a sauce over pork slices. Makes 8 can of soup with a can of milk be

the group before refreshments

worry more, sleep less. This

strain on body and brain makes physical

fitness easier to lose-harder to regain.

Today's tense living, lowered resistance,

overwork, worry-any of these may affect

Pancakes?"

Chamber of Commerce. The recipe: Two cups sifted Get a dish deep and wide

pastry flour; one-half teaspoon powder; two eggs; 11/2 cups milk; three tablespoons melted short- To a certain degree,

Sift dry ingredients into bowl and add beaten eggs, milk and melted shortening. Mix well and drop by spoonfuls onto a hot greased griddle. When bubbles appear, turn cakes and brown on other side. Serve immediately on hot plates.

Serve with hot applesauce and whipped cream instead of the usual syrup. Sweeten the cream with brown sugar or ground-up maple sugar. Put hot apple- Beat to cream five or six. sauce and whipped cream into separate large bowls, sprinkle both with grated nutmeg and let each person help himself.

Yield. four servings.

From Quebec where "the French Canadian cuisine is the result of a dozen generations of good cooks, "there comes a recipe for Laurentian family soup.

Ingredients: one small cabbage; one carrot; one-half small turnip; two onions; four tab.2spoons butter or margarine; salt and pepper; two cloves; two quarts beef stock; one tablestuffed olives while the spaghetti spoon chopped parsley; French heats. The 15-fluid-ounce can of bread; grated cheese.

Method: Wash cabbage, peel sarrot, turnip and onions; cut in small cubes. Melt the butter in sauce-pan and add the vogetables, stir. Season with salt and pepper and add cloves. Cover and cook slowly for 20 minutes. roast in a slow oven (325°F.) for another valuable item to include Add the stock and simmer for 30 minutes. Add parsley and a little grated nutmeg. Brown thin dices of French bread. Sprinkle with cheese. Place on top of each serving of soup or put in

Recipe for Lion's Gate Pancakes Published by Vancouver Jaycees

By KAY REX bowls then fill bowls with soup. Canadian Press Staff Writer Yield: 8 to 10 servings.

Anyone want any "Lion's Gate RECIPE RHYME

The St. Thomas (Ont.) Times-These are described as a dis- Journal recently published sevtinctive dish of British Columbia eral rhyming recipes printed in a cross-country book of rec- for housewives of 100 years ago: ipes published by the Junior Here's one for bread pudding:

And rub round the inside salt; four teaspoons baking- With a little fresh butter or lard, That the pudding may be,

Good in form, when turned out, but not hard.

Then of stale bread procure Half a pound, and be sure To reduce it to crumbs: next obtain

Four-sixteenths of a pound Of loaf-sugar well ground And some lemon-peel cut up.

New-laid eggs, to which mix

TOUGHIES

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and air-conditioned, too!

NYLO-MIST

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process.

warm in

winter, cool

in summer.

Monarch-Knit Toughies are

treated with Monarch-Knit's

Watts & Nickerson

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NYLON

SOCKS

AND

Two half pints of pure milk by tween dispatch and recovery. So degrees:

Pop it into the pot When the water is hot,

will please. (Wonder if the housewives sang at their work 100 years

FREED FROM MENACE

JOHNNESBURG (CP) - Five years of spraying by planes against the tsetse fly has freed more than 3,000,000 acres in South Africa from the menace of sleeping sickness, it is officially estimated. The fly spreads the deadly sickness among people and animals.

Boil one hour, and then it

DIXON'S - GRILL

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GREAT YARMOUTH, England

(P)-Favorite pastime in this

Norfolk fishing port is to throw

"bottle post" across the North

Sea. There is keen rivalry to

establish the fastest time be-

far, 16 days is the record time to

the continent

messages into the water in

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CHRIS DIXON, Proprietor



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(3c per word per insertion-e.g.	Number of words 25; cost, /5c. Si
insertions for price of fo	ur. Minimum charge, 50c.)

Add four words if box number required