LOCAL NEWS NOTES

A. E. Parlow, district forester, will speak on the museum tonight over local radio. (96)

Mrs. H. T. Cross is sailing tonight on the Prince Rupert for a trip to Vancouver.

Tonight's train, due from the East at 10:20, was reported this morning to be on time.

Miss N. L. Bird, who is engaged in Anglican Church missionary work at Port Essington, is sailing tonight on the Prince Rupert for a trip to Vancouver.

The fire department had a call at 2 o'clock yesterday afternoon to Fourth Avenue where dry grass being burned by members of the department themselves caused a scare.

Dr. A. L. McQuarrie, medical superintendent of the Department of Indian Affairs for British Columbia with headquarters in New Westminster, who arrived in the city yesterday from the south, proceeded by last evening's train to Hazelton whence he will return here this evening. He is making a tour of this district on official business.

Basketball tonight 7:30.

Demers' Spring Sale closes Saturday. Take advantage of the special cash reductions. (96)

Mrs. H. Oakes of Surf Point, Porcher Island, sailed Tuesday afternoon on the Catala for a trip to Vancouver.

S. D. Johnston sailed Tuesday afternoon on the Catala for a trip to Victoria on business in connection with the First North B. C. Regiment.

O. W. Pearson, district manager of the Swift-Canadian Co., after a brief visit here on company business, sails by the Prince Rupert tonight on his return south.

Relating experiences and impressions of a recent extended business trip to Eastern Canada and the United States, R. M. Winslow, assistant manager of the Canadian Fish & Cold Storage Co., was the speaker today at the regular weekly luncheon of the Prince Rupert Rotary Club in the Commodore Cafe. President W. M. Blackstock was in the chair and there was a good attendance of members with a few guests.

Mrs. W. J. Alder and son, Harold Alder, will sail tonight on the Prince Rupert for Victoria where they wil spend the summer.

Mrs. N. Sherwood of Terrace will arive on tonight's train from the interior and sail aboard the Prince Rupert for a trip to Vancouver.

Mrs. P. Cooley and child, who have been residents of the city for the past few months, are sailing by the Prince Rupert tonight on their return to Vancouver.

The cases of John A. French, charged with supplying liquor to Indians, and Henry Collison, charged with having liquor in his possession, are coming up in city police court this afternoon before Magistrate W. D. Vance.

Arthur Robertson, well known Massett sawmill operator, and Mrs Robertson are paying a brief visit to the city. They arrived from the Islands on the Prince John last night and will be returning to Massett tomorrow evening.

S. F. Boomer, inspector for Lloyds, who has been spending a few days here on business in connection with the annual overhaul of the steamer Prince George, sails tonight by the Prince Rupert on his return to Vancouver.

An Ottawa newspaper states that Miss Alice Cruikshank, formerly librarian here, suffered a double fracture of the leg when struck by a car on the street and is not expected to live. The car was driven by a 19-year old boy. Miss Cruikshank's age is given as 40.

Frances Dockerill, Royal City Dietitian.

ROYAL CITY

WHOLE OR CUT

GREEN BEANS

Carefully selected, tender and of excellent flavor . . . ready to heat and serve. A delightful change from peas and corn. Try either or both.

For Your Garden

We carry a complete stock of Gardening Supplies Seeds, Garden Tools, Garden Hose, Lawn Mowers, Watering Cans, Fertilizers, Garden Fencing

Feed Everything You Grow with this complete, balanced diet

VIGORO

Fertilizers

Vigoro, per lb. 6c
Bone Meal, per lb. 5c
Cheaper in large quantities
Garden Lime, 50-lb. bag 75c

GORDON'S HARDWARE McBride Street Phone 311

The Fish which made Prince Rupert Famous

"Rupert Brand"

SMOKED

BLACK COD

Prepared Daily By

Canadian Fish & Cold Storage Co., Ltd.

PRINCE RUPERT, B.C.

Miss Earle Is Speaker Before Parent Teachers

The regular monthly meeting of the Prince Rupert Parent-Teachers' Association took place last evening in the Borden Street School, Mrs. N. M. Carter, in the absence of the president, Mrs. D. C. Stuart, presided.

The meeting voted the usual yearly grants of money for sport equipment to the schools. Arrangements were made for a tea and sale of home cooking to be held on June 5., at the home of Mrs. N. M. Carter. Assisting Mrs. Carter will be Mrs. W. M. Brown and Mrs. A. MacKenzie.

Following the business meeting, Mrs. William Brooksbank and Mrs. H. B. Rochester, with a pianoforte solo, and Mrs. Hugh Forrest, with vocal soles, accompanied by Mrs. J. S. Black, provided a very enjoyable musical program.

The guest speaker was Miss E. M. Earl who gave a very interesting and vivid account of her travels last year in the Orient.

Hearty votes of thanks were accorded speaker and artists, and, after the singing of the National Anthem, refreshments were served and a pleasant social hour spent.

Announcements

Saturday Night Dancing Party, Commodore Cabaret. April 25.

Cambrai Chapter "Leap Year Dance" April 24.

Rebekah Bridge, dance, April 29.

United Spring Sale, April 30.

"Johnny Grows Up," Anglican Church, April 30, May 1.

Gyro Hoedown, Moose Hall, May 1.

Canadian Legion Spring Sale, May 13.

Sons of Norway Independence Day May 15, Moose Hall.

Elks' Kiddies Flag Day May 25.

COAL

TO PLEASE EVERYBODY

Satisfaction Guaranteed

FAMOUS EDSON ALBERTA COAL
BULKLEY VALLEY COAL
VANCOUVER ISLAND COAL

PRINCE RUPERT FEED COMPANY

PHONE: 58 and 558

The Lady who lost her looks

She could no longer deceive even herself. Now, she faced her mirror in that moment of sharp heartache that comes to many women . . . to some, years earlier than to others! She was getting old. *Old!* When she had every right to be young. But wrinkles had crept over her complexion. Eyes had lost their sparkle. Even her smile was tired—as tired as she felt!

Many a man wonders and many a woman worries, as youth and freshness fade, almost overnight, it seems. Frequently, common constipation plays its part.

When common constipation is to blame, it may cause headaches, sallow skins, unsightly pimples. It may cut down your vigor, take the sparkle out of your personality. It is usually caused by meals that lack sufficient "bulk" to promote regular habits.

Kellogg's All-Bran brings your system an abundance of mild, effective "bulk." Within the body, this "bulk" absorbs moisture, forms a soft mass, gently exercises and cleanses the system. Scientific experiments have proved that All-Bran is a gentle laxative food. Also that its "bulk" is often more effective than the "bulk" in fruits and vegetables.

Two tablespoonfuls daily, served with milk or cream, are usually sufficient. Stubborn cases may require All-Bran oftener. Isn't it better to enjoy this natural food instead of taking pills and drugs?

Serve Kellogg's All-Bran as a cereal, or cook into delicious muffins, waffles, etc. In addition to its "bulk," All-Bran provides vitamin B and contains iron.

Kellogg's All-Bran is not a "cure-all"—but it does correct common constipation. It is guaranteed by the Kellogg Company. Sold by all grocers. Made by Kellogg in London, Ontario.

The natural food that corrects constipation

Ladies' Music Club Meeting

Mrs. Ernest Anderson in Charge Of Program at Home of Mrs. W. T. Kergin

The Ladies' Music Club met yesterday afternoon at the home of Mrs. W. T. Kergin, Fourth Avenue West. There was a splendid attendance of members and the president, Mrs. Richard E. Moore, was in the chair. The program on the subject of "Miscellaneous Part Music" was in the hands of Mrs. Ernest Anderson. Following the program, which was as follows, tea was served by the hostess:

"O Canada."

Paper, "Beauty of Harmony," Mrs. E. Anderson.

Piano duet, "Dance of the Flutes," from "The Nutcracker Suite," (Tschaikovsky) Miss Margaret McCaffery and Mrs. J. C Gilker.

Quartette, "The Hat of Green," (Schumann) Mesdames J. A. Hinton, E. Anderson, P. C. Miller and C. E. Cullin.

Vocal solo, "Maiden of Morven," (Traditional Highland Air) Mrs. William Millar.

Piano duet, "Qui Vive, Opus 12, Grand Galop de Concert," (Wilhelm Granz) Mrs. W. E. Drake and Mrs. H. B. Rochester.

Vocal duet, "Stars of the Summer Night," (Woodbury) Mrs. J. H. Carson and Mrs. William Cruickshank.

Piano duet, "Sonati Duet in D," Diabelli) Mrs. E. J. Smith and Mrs. W. L. Stamford.

Quartette, "Indian Love Song," (Thurlow Laurance) Mesdames Anderson, Smith, P. C. Miller and Cullin.

"God Save the King."

Accompaists were Mrs. W. L. Stamford and Mrs. C. E. Cullin.

CLEARING RAND SLUMS

JOHANNESBURG, April 23: (CP) An expenditure of $55,000,000 is involved in a slum clearance proposal being considered by the Municipal Boundaries Commission of this South African mining centre.

Hotel Arrivals

Royal

Hugo Wippermann, Massett; W. J. McGibbon, Cumshewa; R. Gaines, Vancouver; N. Andresuk, city.

Central

J. Jones, C.N.R.; Pete Brozat, E. Dahl and R. C. Barber, city.

Knox

M. Storey, city; E. J. Simmons, Burns Lake.

Prince Rupert

Dr. A. L. McQuarrie and H. A. Rose, Vancouver; H. T. Collison, Skidegate; Mr. and Mrs. Robertson, Massett.

TO-NIGHT CFPR

At 6:45 P.M.

Borden presents

"Romance & Melody"

JULES LANDE and his Singing Violin

ST. CHARLES EVAPORATED MILK

Rats and Beaver

We have a big order for both and in order to induce trappers and dealers to ship their skins we are offering more than market prices. Ship them in and we will wire the money immediately.

GOLDBLOOM

The Old Reliable

When down on the Waterfront call at the

U & I CAFE

for our special 25c DINNER

YOUR OLD FRIEND BACK AGAIN

Harmony Rose Glycerin Soap

Glorious for the bath. Satisfying for everyday use.

15c cake; 2 cakes 25c

. . . . .

TRY THIS NEW RELIEF

Purctest A.S.A. Cough Drops

Better than a gargle for simple throat irritations, dryness, tickling.

10c pkg.

Ormes Ltd.

The Pioneer Druggists

The Rexall Store Phones: 81 & 82

Open Daily From 8 a.m. till 10 p.m.
Sundays and Holidays From 12 noon till 2 p.m., 7 p.m. till 9 p.m.

Union Steamships, Limited

Steamers leave Prince Rupert for Vancouver:

T.S.S. CATALA EVERY TUESDAY, 1:30 P.M.
Due Vancouver, Thursday p.m.

T.S.S. CARDENA FRIDAY, 10:30 P.M.
Due Vancouver, Monday a.m.

Weekly sailings to Port Simpson, Stewart, Anyox and Naas River, Sunday, 8 p.m.

Further information regarding sailings and tickets from R. M. SMITH, Prince Rupert Agent, Third Ave. Phone 568