cup milk

Eight servings.

1½ cups milk

6 egg yolks

6 egg whites

period. Six servings.

as a grip.

fat, melted

3 tablespoons mild flavored

Budget Souffle

Mix together crumbs and mill

soak 10 minutes then beat unti

bread mixture. Add grated

cheese. Beat egg whites unti

stiff and fold into mixture. Pour

firm (about 40 minutes). Do not

chopped parsley, and 2 table-

spoons grated raw carrot.

1½ cups soft bread crumbs

Salt and pepper to taste

½ cup grated cheese

riends. s gowned in white bouquet of roses maid, Miss Marion similarly attired. n was Tony Point. ie ceremony, the proceeded to Port there was a reschool house, dinng being enjoyed. Matthews of Masthe toast to the groom suitably bout 30 persons

Hill will proceed boat to Massett I reside.

D COVERING

can be molded food covers which the life of perish-

try a Classified.

Old Favourites Yield To New Methods of Cooking

One wonders if a homemaker exists who doesn't become excited over new ideas and secrets in cooking. Most groups of women dearly love to exchange their findings on wartime cooking and and stir well. Add beaten eggs to go to pick out your Easter suit.

The home economists are continually experimenting with eits. Stir well and immediately foods, developing new ways of pour into a well-greased 8 x 8 hardly recognize the dear old change for four valid preserves preparing and serving them. inch pan or muffin tins. Bake in girl. Making do with available sup- a moderately hot oven, 375 deplies is one of their specialties, grees F. Allow 25 to 30 minutes and today they are sharing some for cake and 20 minutes for mufof their secrets with Canadian fins. Serve hot with maple syrup. housewives.

The Jenny Cake is a 1945 version of the old-fashioned Johnny Cake. Moreover, the mixture is equally good baked as muffins. The Budget Souffle is an example of top stove cooking. Custards and souffles are usually baked in the oven, but it has been found that results are equally satisfactory on top of the stove. The tops of the finished product, however, lack the brc ness of the baked variety. The sponge cake is made without separating the eggs. Experiment. have shown that if sufficiently beaten, a feathery sponge cake can be made by this method which will appeal particularly to owners of electric beaters.

Jenny Cake

- 3/4 cup all purpose flour 4 teaspoons baking powder ½ teaspoon salt
- 1/4 cup sugar 1 cup farina ,uncooked

2 eggs

Your Loveliest Spring . . .

our latest permanents hair-dos will do it. appointment now with

(Annette Powell)

reet (across from Post Office)

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WAISTLINES LIKE DOLLS

Surprizes Due in Buying Easter Suits

Mix and sift flour, baking pow-NEW YORK, March 20 (9)—Be der, salt and sugar. Add farina prepared for surprizes when you milk. Add melted fat to liquid You'll find the classic tailleur and quickly combine dry ingredihas developed a lot of new tricks

> You'll see suits with long tunic jackets, for instance, nipped in at the waistline and flared below

worn over matchstick skirts. You'll see bolero suits in all versions, from fitted waistlength jackets of the bellhop variety to even shorter models which show a strip of blouse between jacket and skirt.

You'll see suits that have gone utterly, irrevocably, feminine, cal instruments. with soft tailoring, fanciful closings, unexpected color combin-

smooth. Beat egg yolks, add salt and pepper, and combine with wrinkles in lapels, which some- Light Grade \$3.15 a gallon; Can- address had come to England times disappear altogether, ada Medium, \$2.00 a gallon; Can- under a scheme which is bringcoil like cornucopias or multi- graded syrup \$2.40. Syrup soic habilitation holidays, he left hosinto greased casserole, cover, and ply in petal-like formations.

cook over boiling water until Checks are big news this Spremove cover during cooking ring, and so is navy blue, as always. Grey flannel is one of the season's high notes, and then For . variety add 1 teaspoon there are the tri-color suits, with jacket one color, skirt another and blouse a third tone. NOTE: The greased top of

Blouses still go for the high, double boiler may be used in wrapped neckline, and jackets as a rule have high closings.

Timely Tips

Of General Interest DUTCH ORPHAN

Permits and Notices

Since February 1, landlords of commercial premises have been required to give their tenants notice to vacate, providing of course that they have secured a permit from the Prices Board to occupy the business premises, themselves.

Syrup by Mail

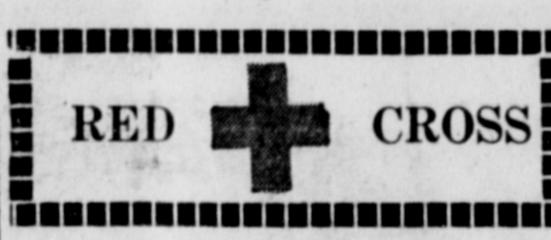
Consumers are reminded to include ration vouchers and not loose preserves coupons when ordering maple syrup by mail. Gallon vouchers may be secured at -so new, in fact, that you will any Local Ration Board in ex-

Household Appliances

Included in the new pricing regulations governing the sale of sewing machines, washing machines, electric and gas-operat- couple's baby girl. ed refrigerators, domestic stoves, ranges and other heating equipment, radio tubes and domestic electric vacuum cleaners, musi-

Top Prices on Syrup

Maple syrup ceiling prices for tainer is 25c a gallon less.



DONATIONS

	double bollet may be used in	wrapped neckline, and jackets as		
1	place of casserole.	a rule have high closings.	Canadian Legion, B. E. S. L. \$5	000
ļ.	Sponge Cake	It's a suit Spring, but this year	Edward Lipsett Ltd 1	100
١	4 eggs	you can be as feminine as you	Mr. & Mrs. H. A. Breen	10
١	3/4 cup fine granulated or fruit		Mr. C. H. Elkins	10
١	sugar		Mrs. C. McF. Smith	10
1	1 cup less 2 tablespoons pastry	T. 1 T.	Smith & Elkins	20
١	flour	Timely Tips	Mrs. W. A. London	5
1	OR 3/4 cup all purpose flour	integ i to	W. H. Malkin & Co.,	50
١	Pinch of salt	When Memory Fails	Mr. & Mrs. E. J. Smith	5
1	1 teaspoon lemon juice	· a shopping list helps. It's	Mr. W. E. Fisher	15
1	Beat eggs in electric mixer at	bound to be a misance and		5
1	high speed, until light and	there days norhans it is a down		5
	fluffy (about 5 minutes) Add	right tragedy to get home with a	Mrs. J. Judge	5
	sugar gradually continuing to	wrong-sized garment. The best	Mr. &Mrs. J. W. Eastwood	5
	beat at high speed for 5 minutes.	The state of the s	Mrs. A. M. Beattie	5
ı	Sift together flour and salt, and	ware a list of alathing signs for		. 5
۱	fold into egg mixture. Add lemon	the different members of your		10
1	juice. Bake in large tube cake	famile	Mr. &Mrs. Geo. Frizzell	5
ı	pan in moderately slow oven, 325	Chattaged and Conttored	Miss B. Cartin	. 5
ı	degrees F., for 45 minutes.	Even a new broom would not	Rev. J. A. Donnell	10
١	degrees F., 101 45 minutes.	sweep up all the fine splinters		5
L		of glass that sometimes result		
ľ	GAS METER TOO HIGH	from a dish-washing accident.	# COLD TO BE SEED TO B	5
ı	CLIFFEE VALE, Eng. (P)_	A damp cloth, to be discarded	Mr. J. Plint	5
ı		afterwards, or a damp' wad of		5
ı		absorbent cotton or tissue are		50
ı		the best things for this job.		5
ı	gas meter in their home in this	For Safer Toddling	Mrs. G. Funnell	5
ı	Staffordshire town hadn't been	When little leather soles on	Mrs. A. H. Hill-Tout	5
ı	so high up on the wall. To reach	toddlers' shoes are worn smooth	Mrs. W. R. Love	5
١		and shiny, a good rubbing with		5
l		sandpaper will prevent them		
•		from being a hazard to active		54
	quest revealed asphyxiation from	first-steppers and save a good	The Canadian Fishing Co.	
	a leak in the pipe they used	many bumps or even more seri-		
I	as a grip.	ous accidents.	Ed. Lipsett Ltd., Staff	27

Airman Adopts Two-Year-Old Child Whose Parents Helped Him Escape

IN ENGLAND

LONDON, March 20 (P)—The little Dutch girl was only two years old and her only introduction to England was a piece of paper in her hand on which was scrawled the name and address of FO. Owen Pratt. But everything turned out all right for this orphaned waif, and this

FO. Pratt was a navigator in a bomber shot down last autumn over Holland. He bailed out, was injured, but managed to elude the Germans.

A Dutchman and his wife took him into their home, gave him used goods are the following food and shelter and hid him household appliances: domestic from the searching Gestapo. There he made friends with the

Then came the day when, after careful preparation by his hosts through the Dutch underground, FO. Pratt left his hide-out and made a secret journey to England. Since reaching here he has been in hospital.

But when word came that a You'll be amazed at the new 1945 are as follows: Canada little girl with his name and sometimes jut out like wings, ada Dark, \$2.65 a gallon and un- ing Netherlands children for rein bulk and not in a metal con- pital and hurried to London.

> He found her to be the baby he had played with while hiding from the Gestapo . . . and he sent to England.

girl, now in New Zealand.

TOOK MOTHER'S NAME

Pablo Ryuiz, the painter's real and fits them, since the Canad- on her wedding day. name. Picasso was his mother's ian Army has not yet established maiden name.

Prince Rupert, B.C.

THE DAILY NEWS Tuesday, March 20, 1945 PAGE THREE

RIGHT-0 this bread is tops!

-to bake bread just right use Fleischmann's fresh Yeast

Meal planning today calls for a bigger use of good bread. Now your family's most dependable low-cost, high-energy food, bread is a good source of Vitamin Bgood, too, as a stretcher for harder-to-get foods! If you bake at home use Fleischmann's fresh Yeast for bread . with fine flavor, fine, smooth texture every time. Todayask your grocer for Fleischmann's fresh Yeast with the familiar yellow label-Canada's favorite for over 70 years!

CANADA

SUPPLEMENT YOUR DIET by eating 2 cakes of FLEISCHMANN'S fresh Yeast every day. This fresh Yeast is an excellent natural source of the important **B** Complex Vitamins.

Tends Optical Needs Of Canuck Soldiers

WITH THE C. W. A. C. OVER (P)—Handling over 1,000 orders a month for CROSS also found that her parents had glass eyes and spectacles for been shot by the Nazis for har- soldiers of the Canadian Army in by another couple and finally L/Cpl. Frances Acheson of the C.W.A.C., of Vancouver. When a The note the child brought soldier in the field loses ensured her future-FO. Pratt breaks his glasses, his prescripthas adopted her and is sending ion formula is sent to her and her to his wife, also a Dutch she orders new ones from the optical branch of the Royal Canadian Army Medical Corps. ate gift that a bridegroom can Orders for new glasses for the give his bride? Some paintings by the French wounded personnel are sent to A. Some article of jewelry,

its own centre for this work.

Modern Etiquette By ROBERTA LEE

Q. If a man has escorted a girl to a dance, what does it indicate if he chooses another girl boring him. She had been taken Overseas, is the unusual job of dance?

A. It indicates that he does not know his auty, which is that he should always dance the first number with the girl whom he is

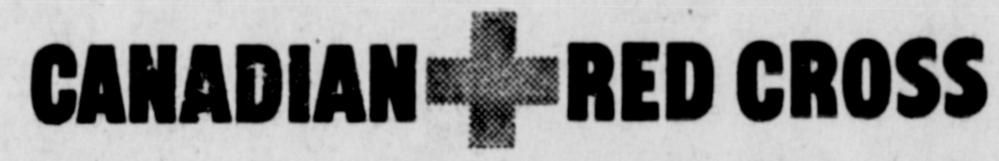
Q. What is the most appropri-

impressionist Picasso are signed a British specialist who supplies usually suitable for her to wear

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CORN—	16c
CH— tin	19c
size 4, tin	16c
tin	15c

SWIFT'S **PRODUCTS**

I KODCC.	_
BROOKFIELD CHEESE—lb	37
½ lb	19
OLD CHEDDAR— ½-lb. tub	29
JEWEL SHORTENING—lb.	16
PREMIUM SIDE BACON—½-lb. pk.	25
PARD DOG FOOD— 2 pks.	29
PREM— tin	25
CLASSIC CLEANSER—4 tins	25
	-

	~~~
5)	CLARK'S FANCY TOMATO 120-02. 120
C	CLARK'S TOMATO JUICE—48-oz. 250
c	

	15c	-20-oz. 14	C 48-0	
FLOIIR	49-1b.	\$1.83	24-lb.	99c

tin	290
CLASSIC CLEANSER-4 tin	25C
~~~	~~
CLARK'S FANCY JUICE— 20-oz.	120 120
CLARK'S TOMATO JUICE-48-oz	250

PUREX TISSUE 6 rolls	45c
CAMPBELL'S TOMATO SOUP 3 tir	25c
STUFFED SPANISH OLIVES 6-02. jar	27c
LIFEBUOY SOAP 4 bars	19c
MANITOBA PEAS 5 tins 15-oz.	49c
OLD ENGLISH WAX Liquid, Solid Solid	45¢

:	PITTED DATES 16.	23c
•	SHREDDED WHEAT pk.	10c
e	SAVOY CUSTARD pound pk	9c
c	HANDY WRAP WAX PAPER pk.	19c
c	PAPER NAPKINS pk.	15c
c	SHELF PAPER pk.	10c

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	A LARGE			
BORDEN'S CHOCOLATE	MALTED	MILK	16-oz	420

SARDINE PASTE 6 tins	15c
MACKEREL OR MUSSELS	tin 10c
AVIMED BAABAAAAAA	0=-

NABOB **PRODUCTS** NABOB TEA-

NABOB COFFEE-39c NABOB BAKING 19c POWDER-12-oz. NABOB SPICES-9c NABOB PUDDINGS-Chocolate, 4 pks.

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RAISINS

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HEINZ BABY	19c
AJAX COOKIES—	25c
1-3 Sandwich, pk HOLLAND RUSKS—	19c
pk	100

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